

# ANNUAL REPORT 2015



**Canterbury City  
Community Centre**  
*Community Building Community*



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## OUR STATEMENT OF PURPOSE

We connect individuals and communities to:

Develop and provide services responsive to community needs and individual choice;

Promote harmony, social inclusion and an improved quality of life;

Build capacity, sustainability and resilience.

## OUR VALUES

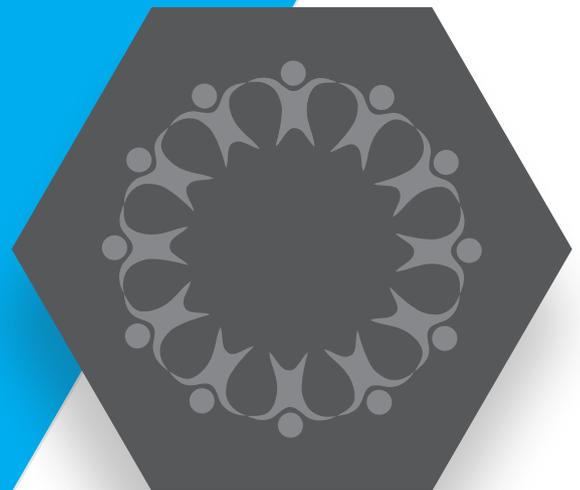
Social Justice • Integrity • Accountability  
Equity • Empowerment • Compassion

## OUR VISION

A strong resilient community which values and includes each member

## OUR MOTTO

Community Building Community





# PRESIDENT'S REPORT

It has been another year of great change in the community sector with a range of aged care reforms that have impacted significantly on the Centre.

With the ongoing hard work and dedication of our CEO, Liz Messih and all the staff and volunteers, Canterbury City Community Centre has continued to develop and provide services and activities that are responsive to community needs. Many of our staff and volunteers have worked and been involved with the Centre for extensive periods of time and this continuity is a great asset to enable the Centre to provide programmes and services at high standards.

In June 2015 our Vice President Neta Yallop was recognised with a Medal of the Order of Australia (OAM) for her work in the Canterbury community which includes, amongst other things, 40 years plus service to the 4cs. A very well deserved recognition of a lifetime's service to the community and social justice. In a climate of uncertainty, the Centre has taken steps to build our own financial capacity. With the establishment of the Lakemba Community Markets, donations from Specsavers and Clubs as well as in kind support from small local suppliers such as printers, graphic designers and workshop facilitators,

we have continued to build social capital.

The Centre has also formed a Reconciliation Action Plan Committee and with the support of Auntie Joan Tranter, Jayde Kelly (Aboriginal HACC Development Officer) and Tamara Silva (Aged and Community Services Association) we are working towards a Reconciliation Action Plan for the Centre.

Continued uncertainty in funding direction, amount of funding, new national fees policy for the Commonwealth Home Support Programmes (CHSP) – previously known as Home and Community Care (HACC), programme guidelines, and continuous extensions of funding with short notice has impacted planning, including budgeting, and decision making.

However, the Centre has been successful in securing funding for all programmes and continues to develop and increase services. We continue to work in partnership with other organisations, with significant opportunities coming through our relationships with Sydney Community College, Leichhardt Womens Community Health Centre, Canterbury Earlwood Caring Association and of course the Councils of Canterbury, Marrickville and Leichhardt. The new database and website are in the final stages

and work has commenced on increasing phone lines to the Centre. All these improvements will maximise the successful day to day functioning and co-ordination and marketing of the Centre and facilitate the development of its services and programmes.

The Centre held a Strategic Planning Day in February 2015 attended by staff and Board members and we thank Affirm Development and Organisational Training for their assistance in both the planning day and the new Strategic Plan 2015 – 2018.

I would like to thank the Board for their commitment to the Centre throughout the year and thank outgoing members Lisa Evans and Bashir Sawalha for their support and input throughout the year. In the current world humanitarian crisis, the need for Centres connected with their local community is greater than ever. I look forward to working with the board, CEO, staff and volunteers to ensure the Centre follows our values of social justice, integrity, accountability, equity, empowerment and compassion and works toward building a strong resilient community which values and includes each member.

**Meredyth Conn**  
President

# CHIEF EXECUTIVE OFFICER'S REPORT



Another year has passed and it is time to reflect once again on the successes of the past twelve months, the challenges and share some thoughts for the future. Generally it has been a very positive year for the Centre – we continue to increase in services offered, staff and volunteers employed, in funding secured, in partnerships created and maintained, and the number of residents engaged in various community projects.

Last year we reported on the uncertainty within the sector, and the impact constant change was having on our ability to plan and deliver services. Unfortunately I have to report more of the same this year with the transition of our main funding under the Home and Community Care Programme to the Commonwealth Home Support Programme (CHSP) placing additional demands on our staff and office systems. The goal of five year funding seems a long way off as both State and Federal funding continues with last minute extensions of contracts now seemingly the norm.

Once again we have navigated a changing landscape where funding models are shifting, demand and expectation for services is increasing, and available funding is decreasing. Our Board and Management team has responded by supporting our current projects, maintaining service

quality and staff/volunteer expertise, considering all options within the strategic environment, pursuing funding opportunities including social enterprise, and implementing a policy of continuous improvement. Within this context of uncertainty, we held our Strategic Planning Day in February 2015 and were able to set a course for the next three years, re-affirm our values and modify our Statement of Purpose.

We have also responded to changes through advocating on behalf of our constituency including submitting feedback on the draft CHSP Fees Policy and Programme Guidelines. During the year we have submitted numerous funding applications and have been discouraged to see the continued trend to award tenders to large Organisations, sometimes for-profit companies, to deliver services across broad geographic areas – often with no local knowledge or presence.

In 2014 we were granted Approved Provider status under the Aged Care Act 1997 and duly applied for 45 Home Care packages under the Aged Care Assessment Round. Although the application was unsuccessful our approval remains in place and we will apply for Packages again in 2015. To gain Approved Provider status was an achievement for the Centre and indicates our commitment to keep

moving forward and responding to the changed funding environment. In April this year we also underwent a Quality Review of our HACC services through the Australian Aged Care Quality Review Agency which measured our performance against the Standards and ensured we were compliant with our obligations under the Aged Care Act. It was satisfying to see the Centre achieve a score of 18 criteria met out of a possible 18.

Canterbury City Community Centre has offered a diverse range of services and activities, within our immediate community of Lakemba and across eight local government areas over the past year. During the year we established our two new Social Support Programmes and look forward to their continued growth in the years ahead. All of our existing services have continued to perform well – we strive to maintain our role as a provider of locally based services which are accessible and responsive to local need. The diversity of services and of communities presents many challenges but also many opportunities – we are able to achieve our core purpose of connecting individuals and communities and to promote harmony, social inclusion and an improved quality of life through this diversity and through the inclusive and welcoming space we provide. We have continued to work in

partnership with other Organisations and have provided a local base for some to outreach their activities to the Lakemba community. We continue to witness the impact of changes to the availability of services and educational opportunities offered by other Providers to disadvantaged residents and have worked to find new ways to collaborate for the benefit of shared communities and common goals.

The Centre benefits from a broad cross section of support and I would like to thank our funding bodies for their contribution which makes many of our services possible – the Commonwealth Department of Social Services, the NSW Department of Family and Community Services,

## ‘TO GAIN APPROVED PROVIDER STATUS WAS AN ACHIEVEMENT FOR THE CENTRE AND INDICATES OUR COMMITMENT TO KEEP MOVING FORWARD AND RESPONDING TO THE CHANGED FUNDING ENVIRONMENT.’

Canterbury ClubGrants Scheme and the Councils of Canterbury, Marrickville and Leichhardt. I would also like to acknowledge the City of Canterbury for the provision of the premises from which we operate – our three sites are certainly well used.

This year we launched the Lakemba Community Market – our long awaited social enterprise. An incredible amount of work from our Community Builders team, and with the support of our Board and Staff, the Market is paying its own way, is starting to make a bit of money

to re-invest in Community projects, and is successful in building not only our capacity as an Organisation but the many stall holders who have participated.

Our income level increased considerably this year and it is pleasing to see us achieve a modest surplus. But of course we know it’s not just about the financial capital but most importantly about the returns on social investment. In 2014/15 we have been rich in social capital.

One measure of a successful Organisation is how the different aspects of the Organisation can work together to achieve a common goal. It is a feature of the 4cs of which I am most proud and most appreciative for – that we have a diverse team (at Board, Staff and Volunteer level) and put into practice what we hope to achieve for our community. We are inclusive, welcoming, harmonious, sustainable and resilient. The whole team should take credit for this achievement – it makes us more effective and brings value to everything we undertake.

There is no question that the external environment in which we operate is challenging but staff have maintained high quality services which are innovative and responsive. We have a small management team at the Centre and I would like to thank our second in charge, Gillian Whalley-Okafor for her support and her work during the year, particularly during a period I was absent following a traffic accident.

As mentioned earlier, the number of volunteers working at the Centre has grown over the year. We have benefitted enormously, as have our clients and communities, from the dedication, care and commitment of 119 extraordinary people. On behalf of the staff I thank every volunteer at the Centre – we couldn’t do it without you! Our volunteers contribute in many varied roles at the Centre – in office administration, gardening, centre based day care, on the bus and in the kitchen, social

support, and on our Board. Thank you one and all!

In addition to our official volunteers, countless others have contributed in roles which benefit others in the community. Membership of the Canterbury Men’s Shed, Canterbury Bike Shed, environment@lakemba, Lakemba Ladies Lounge and our various sub committees all carry with them aspects of the spirit of volunteering and of contributing to the common good.

The 4cs Board has continued to provide excellent governance and stewardship for the Organisation and I thank them for the integrity and commitment to the 4cs which has been demonstrated. The Board has overseen a range of small and large improvements to the 4cs during the year as well as offering ongoing support to myself and the staff in performing our duties. I would particularly like to thank President Meredyth Conn for her role in leading the Organisation throughout the year.

There is a continued role for locally based services which operate within widely different communities and which in many cases interpret or mediate the delivery of nationally or State funded programmes. What our Organisation offers, like many other community based services, is a strong connection to the community in which we work. It is about more than just delivering government subsidised services – it is about building community from the grass roots up.

In closing, I would like to thank our members and those in the community who use our services for their support and their trust. We hope that the coming year will see greater certainty for our sector and continued growth for our Organisation so that we can continue to work toward our vision of a strong resilient community which values and includes each member.

**Liz Messih**  
CEO

# OUR ORGANISATION



Canterbury City Community Centre is governed by a voluntary Board of Directors. Members of the organisation annually elect the Board which is responsible for the overall planning and policy of Canterbury City Community Centre.

During the year we were pleased to see Foundation Member, and long serving 4cs Board member, Neta Yallop recognised in the Queen's Birthday Honours List with an Order of Australia Medal (OAM). Neta's lifetime commitment to social justice and community service has fortunately included over 4 decades with the 4cs.

The numbers of financial members of the Centre remained stable during the year with approximately 130 members. This is still above trend for Organisations our size. New members are always welcome.

Life Membership was awarded during the year to Garden Care volunteers Erica Saville and Dot Macleay who have each contributed over ten years of dedicated service to our frail aged clients and their gardens.

The Ted Yallop Award was presented to retiring State MP Robert Furolo for his work in encouraging others to embrace community life and his skill in connecting individuals and groups within the electorate.

## BOARD OF DIRECTORS DURING 2014/2015

<b>President</b>	Meredyth Conn
<b>Vice President</b>	Neta Yallop OAM
<b>Secretary</b>	Lisa Evans
<b>Treasurer</b>	Phil Schwenke
<b>Members</b>	Tonya Cook-Pedersen, Jubaida Hossain, Aka Rangiuiira, Bashir Sawalha

## STAFF EMPLOYED 2014/15

<b>Chief Executive Officer</b>	Liz Messih
<b>Executive Officer ADSS</b>	Gillian Whalley-Okafor
<b>Administration Manager</b>	Trish Marchant
<b>Book Keeper</b>	Inggrid Tedjalaksana
<b>LNC Community Development Worker</b>	Kate Maclean
<b>Community Worker</b>	Romana Waseem
<b>Child Minders</b>	Khanm Tamou, Sagorika Sultana,
<b>Shed Projects Community Development Worker</b>	Glenn Harding
<b>Shed Projects Community Worker</b>	Jegan Nadeson
<b>Centre Based Day Care Co ordinator</b>	Rosanna Hasan
<b>Social Support Co ordinator</b>	Leanne Kelleher
<b>STARS Training Officer</b>	Deborah Helmrich
<b>Volunteer Recruitment &amp; Training Officer</b>	Donna Brunton
<b>Garden Care Co ordinator</b>	Juliet Burton
<b>Garden Care Support Workers</b>	Debbie Dunn, Su Tozer, Nicole James, Yul Scarf, Duncan Hilder, Megan van Kaathoven
<b>ADSS Administration Officer</b>	Yvonne O'Young
<b>Bus Drivers</b>	Nic Marino, Helen Scarborough, Mick Williams
<b>Market Movers</b>	Tawhid Khan, Imran Khan, Ariza Ardonis

## VOLUNTEER PROGRAMME

Canterbury City Community Centre could not provide the range of Services and activities that we do without the skill, time and dedication of an amazing volunteer team. Volunteers give generously and freely of their time and make their community a better place for all of us to live in!

The Centre's Board of Directors (who also serve in a voluntary capacity) and staff greatly appreciate the commitment and dedication of our volunteers. It is an enormous privilege to work with such an inspiring group of people.

Abdullah Ali Syed  
Abul Azad  
Afroja Sifat  
Aka Rangiura  
Alan Pollock  
Alison Sida  
Amtul Batool  
Amy Davies  
Andrew Sinclair  
Aniceta Weintz  
Anna Fizzell  
Anne Badjakian  
Anthony Parker  
Ashadevi Gopinath  
Bach - Van Le  
Balin Law  
Bashir Sawalha  
Bruce Flaherty  
Bruno Gentile  
Carol Hawke  
Chadia Safi  
Charles Moothoo  
Charlotte Wirnsberger  
David Gamble  
David Wright  
Dee Grant  
Denis King  
Denise Fletcher  
Dennis Ryan  
Derrick Barclay

Diane Duvall  
Dot McLeay  
Duncan Hilder  
Eddy Quelch  
Elaine Lawler  
Elias Abay  
Erica Saville  
Evelyn Blanas  
Fahmitha Fathima  
Farzana Nishat  
Filomena Soares-Lee  
Gerson Loegianto  
Giselle le Bon  
James Green  
Jane Cook  
Janice Verwey  
Jenny Harding  
Joachim Morris  
John Dagher  
Jubaida Hossain  
Katerina Kromidarovski  
Kath Clune  
Katy Rosenthal  
Lama Hadid  
Lambrini Tzovaras  
Lorraine Parker  
Layla Lavorato  
Lei Hui  
Liam Adamedes  
Lisa Evans  
Lorraine Ackman  
Lubne Sinorwala  
Ludmila Heath  
Lydia Rafana  
Lynne Jones  
Maggie Connors  
Maira Mercado  
Maria Prendergast  
Marie Papi  
Mark Glasby  
Mary Burian  
Maureen Free  
May Ishop  
May Kam

May Srisuk  
Melissa Roser  
Meredyth Conn  
Michael Perumalla  
Mick Quinlivan  
Nadia Bakhateeb  
Nadia Sultana  
Neta Yallop  
Noel Ellerman  
Owais Ali Syed  
Patricia Dostine  
Patricia McQuade  
Patricia Townley  
Peter La-Vite  
Peter Parker  
Phil Schwenke  
Phillip Dippert  
Phillip Dodd  
Rahela Haque  
Rajbinder Kaur  
Robert Hill  
Robert Randall  
Robyn O'Sullivan  
Rosemary Sewell  
Ruth Hearne  
Saiful Sharif  
Scott Robinson  
Sergio De la O Castro  
Seta Sissaguian  
Shahenaz Malek  
Shahla Rani  
Sievonir Moxham  
Stacie Adamedes  
Steven Forrester  
Susan Probert  
Sylvia Kefalianos  
Theodora Vasli  
Tonya Cook-Pedersen  
Tracy Mulherin  
Usman Ali Syed  
Vidya Perumalla  
Wang Shi Cheng  
Waseem Ali  
Xue Qi

In 2012 we introduced the STARS Training Awards for those volunteers who have shown a commitment toward ongoing professional development. In 2014 the Award was presented to Robert Randall who has demonstrated a great commitment to attending training throughout the year. Congratulations Robert!

## NATIONAL VOLUNTEER WEEK

The theme for National Volunteer Week in 2015 was Give Happy Live Happy and we celebrated the contribution of our volunteers in making the lives of so many others in our community happier. As was noted during the week, volunteering has a positive effect on the happiness of the volunteers as well ... so it's a winning activity all round.

This year we celebrated National Volunteer Week with a breakfast at the Centre ... we enjoyed poffertjes (mini dutch pancakes), fresh barista made coffee, fruit and juices. We enjoyed entertainment from some very talented singers and musicians, as well as a 4cs singalong of happy songs, a flash mob and some funny jokes to share. The breakfast was a wonderful opportunity to say thank you and also for many of our volunteers to meet other Centre volunteers who work in different



programs. It was a fun morning and included Certificates for all to recognise their contribution to our work.

The 4cs Volunteers are an incredible group of people and we certainly enjoyed bringing them all together to celebrate their achievements.

## STUDENT PLACEMENT

Between April and November 2014 we accepted Social Work student Souha Drar on placement from Sydney University Social Work Department who undertook her third year placement within our Community Builders Programme. Souha was a wonderful asset to the team and we wish her well in her future career.

## PLANNING DAY - STRATEGIC PLAN 2015 - 18

In February 2015 Staff and Board came together in an all-day planning session facilitated by Grace Leotta of AFFIRM Organisational Development and Training. The day was preceded by an analysis of community needs, feedback from Service Users, and feedback from external stakeholders and funding bodies. The Strategic Plan was finalised over the following few months and now provides a framework and direction for the Centre over the next three years.

## RECONCILIATION ACTION PLAN

During the year we also initiated a Reconciliation Action Plan (RAP) process which will provide direction and structure to our intention to work toward reconciliation and to close the gap between Aboriginal and non Aboriginal Australians. The 4cs RAP Committee comprises Meredyth Conn, Liz Messih, Gillian Whalley-Okafor, Juliet Burton and Leanne Kelleher. We have been fortunate to benefit from the generous wisdom and shared experience of local Elder Joan Tranter and from Jayden Kelly and Tamara Silva, Aboriginal HACC Development staff from Aged and Community Services.

The RAP Committee meets every second month and hopes to launch the 4cs Reconciliation Action Plan later in the year.

## AUSTRALIAN AGED CARE QUALITY AGENCY REVIEW

In April 2015 the Centre underwent a comprehensive review of its governance and management systems and practices, and services offered to Home and Community Care clients through an external audit conducted by AACQA. The Review measured performance across three standards, including effective

management, access and service delivery, and service user rights and responsibilities. Whilst there is always room for improvement we were pleased to achieve a score of 18 criteria met out of a possible 18 – a wonderful recognition of the work of the whole team at the 4cs.

## CORPORATE SERVICES

During the year we have worked toward upgrading our Data Management and IT systems and have engaged Energetica to develop a Client Relationship Management System as well as upgrading our Website. The changes were recommended following a review of our client management systems in 2014 and will allow greater integration of information between Centre programs and administration, our accounting systems and software, and also our Website.

We have also made significant changes to our telephone systems and hope that the changes, with the associated IT and technical support, will assist us in meeting the challenges of the future. With the introduction of the My Aged Care Website and portal there are many challenges and opportunities to embrace – we are investigating new ways of working which will streamline processes and work practices.

During the year the Centre's website [www.4cs.org.au](http://www.4cs.org.au), has continued to be superbly maintained by Kel Torrance. The website has played a key role in our ability to communicate with members and residents. Kel has provided reliable and efficient support throughout the year which has ensured the site remains current and up to date.

Our two facebook pages have grown and are an effective way to distribute information quickly and of course to share the many photos and stories that are created at the Centre. Our facebook communities are just part of the many communities supported and connected at the Centre.

The quarterly Newsletter has also remained an important means of communicating with multiple stakeholders and we currently print over 800 copies for members, friends and supporters. We still produce a wide range of flyers and brochures to promote programs, courses and events. Our publications have been designed in-house by Administration Manager, Trish Marchant and externally by Graphic Artist, Catherine Au-Yeung of L'attitude Creative Pty Ltd and reflect the nature of services and activities offered well!

Centre Programs and activities

are also promoted through email circulars, or Mail Chimp, to which people can subscribe. These targeted communications make sure information gets to those to whom it is most relevant with the newsletter also available via Mail Chimp.

The Centre's Finance Sub Committee has continued to meet on a regular basis and, together with our Book Keeper Ingrid Tedjalaksana, have made significant changes to our accounts and purchasing practices. Opening a number of accounts with regular suppliers, as well as Debit Cards for online purchases, has increased our efficiency whilst maintaining our standards of transparency and accountability.

## PREMISES

The Centre's programs and services operate across four sites in the Canterbury Local Government Area, all leased from Canterbury City Council at a peppercorn rental. We are extremely grateful to Council for this very practical support of the Centre and its work. During the year we were able to replace our old carpet at the Centre with new carpeting throughout courtesy of a Community Building Partnership Grant received through the Office of the Member of Lakemba.



# LAKEMBA NEIGHBOURHOOD CENTRE PROJECT

Supported by the NSW Department of Family and Community Services under the Community Builders Programme



As a Community Hub we receive many requests for information about local services and can generally provide choice and a place to go for extra support or advice.

Being a trusted and accessible community organisation we often find ourselves at the front line for residents making a general enquiry about a problem or issue they are experiencing or a specific enquiry for information about a service.

During the year we have responded to 3087 general information enquiries – and made 635 assisted referrals. This does not include information provided to residents



as part of their participation in the various groups and services held at the Centre.

## WELFARE SERVICES

The Centre is able to assist residents experiencing financial hardship with the provision of a food parcel to help them through a difficult period. The food relief programme is supported largely through donations.

Over the course of the year, we have conducted 192 interviews for residents needing assistance with food relief which has resulted in the provision of food parcels to feed 461 individuals. A further 11 residents

were assisted with prescriptions or fares. A total of 28 people have dropped in to our Offices for food that they can eat at the Centre.

## JUSTICE OF THE PEACE

A Justice of the Peace (JP) is available at the Centre two mornings a week to assist residents who need documents certified and Statutory Declarations witnessed. Over the past year a total of 495 residents were assisted by a JP at the Centre certifying 2366 documents and attestations.

Thank you to Volunteer JP Patricia Dostine for helping with this busy service which is delivered at other times by 4cs staff.

Many of these occasions of service can involve numerous documents and require additional assistance with filling out forms, and further photocopying assistance has been provided for 94 residents.

We also keep up to date listings of other JP's and can ensure that if a JP is unavailable at the Centre we can usually steer residents in the right direction to find one.

## TAX HELP

Once again the Centre participated in the Tax Help Programme whereby a trained Volunteer provides assistance to residents on low incomes, on pensions and benefits, of non



- English speaking background, Aboriginal or Torres Strait Islander background or who had literacy or numeracy problems in completing their tax return.

In 2014 the Tax Help Programme provided assistance to 20 residents over an 8 week period. Our thanks to 2014 Tax Help Volunteer Sievanor Moxham and the staff of the Australian Taxation Office for making this service available.

## LAKEMBA LADIES LOUNGE

The Lakemba Ladies Lounge is held every Thursday morning at the cottage from 9.30 am – 12.30 pm. This friendly and welcoming space is like a second home for many women and has been described by some as their "... home away from home".

Every month focuses on a new activity with women from the community volunteering their time and skills to teach others.

This year has seen a range of women share their knowledge and has resulted in some new and interesting workshops.

A big thank you to the women below who have run these activities, without you, Lakemba Ladies Lounge wouldn't be possible.

Activities have included:

- *Introduction to Social Media with Arti*
- *Canvas Painting with Subrina*
- *Quick and Easy Sweets with Manpreet*
- *Try a New Language – Bangla, French and Arabic with Lala, Jubaida and Nessrin*
- *Recycled Arts with Irfana*
- *Looking Your Best – Beauty Tips with Nessrin*
- *Ceramic Painting with Subrina*
- *Cooking Workshops with Hira and Fathima*
- *Healthy Lunch Ideas with Salai and Fathima*
- *Intensive Sewing Class with Jubaida*



## WOMEN'S INFORMATION SEMINARS

In addition to the above activities, we have also had a range of guest speakers from outside organisations present on the following topics:

- **What is Counselling** - *Sydney Women's Counselling Centre*
- **No interest Loan Scheme** - *Metro Assist*
- **Saver Plus Programme** - *Benevolent Society*
- **Love Food Hate Waste** - *Ethnic Communities Council*

## SPECIAL EVENTS

At a few times during the year the Lakemba Ladies Lounge plays host to a celebration – at Eid or the end of year – and the Cottage is full of fun and food as women get to know each other better in a party atmosphere. The Ladies Lounge also welcomed Federal MP Tony Burke to the Cottage during the year.

## PARTNERSHIPS AND OUTREACH SERVICES

### LAKEMBA PARENTING AND FAMILY SUPPORT

In partnership with Canterbury Earwood Caring Association, Child and Family worker Samantha Fieldes has been based at the Centre every

Tuesday, providing case management and support to families with children aged 0 to 12 years.

Sam has been able to assist a number of families regarding their child's development, parenting concerns, assistance dealing with government agencies and contacting appropriate services when required.

It has been great to be able to refer the many families we see for this individual assistance and support.

## OUTREACH FINANCIAL COUNSELLING

Commencing in April 2014, Neena Diwan a Financial Counsellor from Metro Assist has been based at the Centre every second Thursday providing valuable financial advice and assistance to clients in Lakemba.

The service is targeted at people going through financial hardship and struggling to pay their bills.

Several people have been referred to Neena for assistance in assessing their financial situation, preparing a budget and organising payment arrangements for outstanding debts and loans.

## WOMEN'S HEALTH CLINIC

This clinic is made possible through the great partnership with Leichhardt Women's Community Health Centre.

Operating now for nearly 4 years, the clinic continues to thrive with referrals on the increase from local GPs and Early Childhood nurses.

This year saw another change in Nurses and while we were very sad to say goodbye to Fiona Crawley, it's been great to welcome the wonderful Kath Lynch to Lakemba.

One change during the year has been to extend the appointment times from 30 to 45 minutes. This was done in response to the increasing complexity of consultations to enable the nurse to do a thorough assessment and assist women with a range of health needs.

A total of 90 women visited the clinic over the last 12 months from a diverse range of cultural backgrounds, with access to health screenings such as Pap Smears being the most common concern.

#### HAMPDEN PARK PLAYGROUP

During 2014, Romana continued to work with the playgroup at Hampden Park Public School and the Schools as Community Centre Lakemba, to assist provide activities and connect families to services, at this very popular playgroup.

As part of the playgroup a Speech



and Language Presentation was organised with the speech pathologists from Canterbury Early Childhood Intervention Service.

The focus was on helping parents understand their child's language development and factors that affect articulation.

#### ACCESS TO ENGLISH CLASSES

##### ENGLISH CLASS

Thanks to the dedication of volunteer Dee Dee Grant from Mission Australia, we have continued to run the popular Conversational English

classes at the Cottage on Wednesday afternoons. Provision of child-minding as part of the course, has made it very popular with a total of 87 women attending the class over the past 12 months with regular class sizes of approximately 9 to 14 women.

#### NAVITAS ENGLISH CLASS

In October 2014 in partnership with Navitas Campsie we ran a 10 week introductory English course at the cottage for women eligible for the Adult Migrant English Programme. Approximately 12 women enrolled in the programme. At the conclusion of the course, 3 women went on to continue studying at the Campsie Navitas college.

#### LEARNING ENGLISH IN THE CANTERBURY LGA DIRECTORY

The original Directory was compiled in 2004 and updates have been completed each year since that time.

The aim of updating and printing the Directory each year is to increase access to English Classes for local residents by compiling the information in one easy to read location, with costs, locations and eligibility all explained.

In 2015 printing costs were met by Canterbury Leagues Club under the NSW Club Grants Programme and 500 copies were widely distributed through Community Centres and Libraries. The Directory can also be



accessed on our website.

We have noticed the decline in availability of conversational classes over the years and this year also noted the changing access to courses through TAFE Outreach.

We will continue to print the Directory and hope it is successful in creating access to the remaining available courses.

## MICROBUSINESS FOR WOMEN

The very successful partnership between the Centre and Sydney Community College (SCC) has continued with the delivery of Certificate III in Microbusiness Operations.

**‘THE MICRO BUSINESS COURSE IS A GREAT OPPORTUNITY TO EXPLORE NEW IDEAS, EXPERIMENT AND DISCUSS WITH LIKE MINDED PEOPLE. WE HAVE ENTHUSIASTIC TEACHERS, MENTORS AND SUPPORT TEAM TO HELP MOTIVATE US. OUR GROUP IS FUN... WE GET TO MEET OUR FRIENDS EVERY MONDAY.’**

The course helps participants get ‘creative, certified and connected’ with subjects such as business planning, marketing, social media, budgeting, finance and regulatory issues.

Participants get ongoing support from their project mentors, new business pathway planning, English language support and networking opportunities.

Classes are held at the Cottage which has become a safe and welcoming learning environment for many local women – thanks in no small part to the fantastic SCC and 4cs staff.

Participants have included in their studies planning stalls for the annual Haldon St Festival and Lakemba Community Markets.

As with other years the women have continued to support each other at the conclusion of the Programme through their regular network meetings and facebook pages.

Congratulations to all students and our thanks to Sydney Community College and Programme Mentors for their support.

The Programme has been funded by the NSW Department of Education and Communities’ Adult and Community Education Unit’s Social Inclusion Programme and is supported under the Centre’s Community Builders programme funded by the NSW Dept of Family and Community Services.

## ENVIRONMENT@LAKEMBA

Environment@Lakemba had another very busy year educating the community about litter and household dumping. It coordinated two clean up days, including Clean Up Australia Day, which saw the biggest turn out yet, with over 60 volunteers picking up rubbish in Lakemba.

Joined by the Australian Rohingya Association and Lakemba Bangla Language School, the group picked up over 20 giant bags of rubbish. Marching in Haldon St Festival and having a stall were also group highlights, with a focus on informing the community of Council’s FREE Household Pick Up Service.

Thanks to Jordan Moy, Canterbury Council’s Sustainability Officer securing another grant from the EPA, Environment@Lakemba have been focusing their litter reduction activities along Railway Parade.

Given the success of cigarette bins and signage on the Boulevard in reducing litter, the group have been busy improving Railway Parade; including the installation of extra bins, signage and improved seating and rest areas near the station to reduce the large piles of milk crates.



For her work cleaning up Lakemba, member Judy Jurgans received a Certificate of Appreciation for Caring for the Environment from the Mayor, as well as a \$250 Coles Voucher.

While it was with much sadness that we said goodbye to Jordan Moy from Council, Anil Gupta Council's Waste Education Officer has joined the group with lots of enthusiasm.

In May with assistance in particular from Dihider and Yoonus, the group held a lunchtime forum for local real estate agents to discuss how we can improve recycling and reduce the amount of litter and dumping around the many unit complexes in Lakemba.

The forum produced a long list of suggestions and we look forward to working in partnership to address these.

## PARENTING WORKSHOPS

### RAISING HAPPY HEALTHY CHILDREN

Expanding our partnership with Canterbury Earlwood Caring Association we were able to provide a series of 3 workshops on Raising Healthy and Happy Children.

Held during February and March 2015 the workshops focused on Communication with Your Child, Behaviour Management and Boundaries as well as Health and Nutrition.

Parents could attend one workshop or all three. A total of 23 women attended over the series. An advantage of running the workshops with Samantha, is that parents who required further assistance were able to book in to see Sam privately as part of the Lakemba Parenting and Family Outreach Service.

### MAGIC 123

Working with Kathy Archer from Catholic Care we were able to run the popular 123 Magic Parenting Programme over 4 Wednesdays during August 2014. The course assisted the 9 participants that attended to encourage good



behaviours and stop unwanted ones as well as strengthen their relationship with their child.

## CLASSES, WORKSHOPS AND GROUPS

### PILATES

In late 2014 we were pleased to be able to offer a six week taster course in Pilates for local women thanks to the generous pro bono support of Xtend Barre of Alexandria, a Pilates Studio with a strong focus on Injury Prevention, overall health of movement and pre and post natal support.

The course was attended by 7 women and provided an excellent introduction to Pilates. Many thanks to Julia and Xtend Barre for making this opportunity available.

### INDONESIAN WOMEN'S HEALTH GROUP

The Indonesian Women's Health Group was held at the Cottage Term 4 2014 and Term 1 2015. With approximately 8 women attending each group, Andi and Sitti supported by South West Area Health Service, facilitated a range of discussions on different health topics each week.

### EVENT MANAGEMENT COURSE

Working with the South Western Sydney Institute of TAFE, we were able to offer this 8 week course to 15 women, to gain the skills and knowledge to plan and run events. With a focus on practical skills the

students were aiming to organise two events and a Family Fun Day in the July School Holidays, as well as an Eid Celebration at Lakemba Community Markets. Thanks to Shari Carr for teaching and encouraging this very motivated group of students. We look forward to them assisting with future 4Cs events. This course was made possible with funding from the NSW Community Relations Commission.

### BREAD MAKING

Further strengthening our ties with Muslim Women's Association we were able to bring women together in the popular Bread Baking Course. Twenty women attended this series of 5 workshops to prepare and bake several pastries from around the world. While baking the women shared their recipes and stories of cooking in their culture. This course was made possible with funding from the NSW Community Relations Commission.

### SEWING FOR SURVIVAL

This course ran for 10 weeks at the Cottage during Term 3 2014, with women learning the basics in sewing, whilst having the chance to meet other women from the area. Women provided their own materials, but were taught the basic stitches and how to operate a sewing machine through creating a single bed sheet set.

### KNITTING FROM THE HEART

Running every Friday at the Cottage in Term III 2014, in conjunction with the sewing group, this diverse group of women worked on various community projects. This Term saw them focus on beanies for the homeless, with lots of bright coloured beanies being donated to Mission Beat.

### ASSERTIVENESS AND CONFIDENCE BUILDING FOR WOMEN

Together with STARS we were able to provide this 4 week workshop to women from a range of different backgrounds. The course focused on attracting more established

migrants as well as new arrivals to build social connections and improve community harmony. A total of 14 women attended the 4 week course and gained lots of practical skills in improving their confidence.

#### HEALTHY RELATIONSHIPS

Working with Sharon Todd from Leichhardt Women's Health Centre, this 5 week course was held every Wednesday to assist women build their self-confidence and improve their relationships with family and friends. A total of 9 women attended the course Confidence and Assertiveness.

#### OMNICAN

The Canterbury Older Men : New Ideas group has continued to meet at the Cottage on the second and fourth Tuesday of each month during the year. Established by the Centre in 2000 the group meets for discussions about current events or other topics of general interest.

The group is self-governing and receives minimal support from the Centre through providing a venue and some administrative support.

#### MATURE WOMEN'S GROUP

The Mature Women's Group is for older women who want to connect with other women socially and have some fun.

The group has been on lots of outings and enjoyed some delicious lunches. The group meets every second Wednesday and is open to all local older women.

#### EVENTS

##### CHAND RAAT

Now in its 3rd year, the ever popular Chand Raat Celebration moved to the Uniting Hall, corner of the Boulevard and Haldon Sts Lakemba.

While still mainly a women's event, this year saw many husbands and families attend with a total of 500 people coming to celebrate the end of Ramadan and get ready for Eid.

Once again it was an opportunity for women from the Microbusiness course to have a stall and put their ideas for a business into practice.

##### INTERNATIONAL WOMENS DAY

This year we joined together with the Canterbury Women's Issue Network (WIN) to celebrate International Women's Day at the Orion Centre, Campsie.

A total of 300 women attended the event, with a group catching the train together from Lakemba. Several women spoke about the importance of family and faith, with performances and a delicious lunch as well.

#### HALDON ST FESTIVAL

In August 2014 we once again participated in the Haldon St Festival – we were in the parade, two stalls on the street and the microbusiness students were in the Uniting Church Hall. It was a busy day and for the first time in twelve years ... it rained!

Immediately prior to the Festival an article was published in the Daily Telegraph which described our suburb of Lakemba as a mono culture where English was not spoken and extremism flourished. Like many in our community we viewed the article as factually incorrect and grossly unfair. Ironically we had been discussing whether or not it was time to retire our 'I♥Lakemba' tattoos, mugs and badges which first made an appearance at the Festival 10 years ago as a subtle way of countering the negative language which unfairly attached itself to our community.

We were to be inspired by that community who responded with grace and humour – from social media to the Lakemba women who spent a day at the Cottage making a hand sewn 'I♥Lakemba' banner and marched with it in the Haldon St Festival Parade. The Haldon St Festival was a great success – with our Mugs proving a sell out! In 2015 we have ordered 'I♥Lakemba' bags.



# LAKEMBA COMMUNITY MARKET



After two years of planning and obtaining DA approval, Lakemba Community Market was launched with a bang on Saturday 21st March 2015 to celebrate Community Harmony Day.

Over 1500 people attended and enjoyed a variety of stalls plus entertainment from Myabe African Drumming, Kidzoo Animal Farm and a jumping castle.

The markets were established in response to requests from local women who were starting to grow their own small business and wanted a regular local market to sell their goods.

Most of these women had either completed the MicroBusiness Course or participated in Chand Raat and other one off markets such as the Women's Bazaar at Haldon St Festival.

Apart from providing an opportunity for local people to earn an income, the markets are a great place for the community to come together, socialise as well as showcase Lakemba's cultural diversity and bring visitors to Lakemba.

Reflecting the diversity of Lakemba there are over 30 stalls selling clothing, food and accessories from around the world.

Priority for stallholders is given to people living in Lakemba and surrounding areas, people connected through the Centre's programmes, and other local organisations or businesses.

There is also a limited number of second hand stalls to encourage people to pass on unwanted items to others rather than have it go to landfill.

With funding from a private foundation and the Building Multicultural Communities Programme, we have been able to purchase a range of equipment for the market including; marquees, tables, chairs and a storage facility.

## WORKSHOPS FOR STALLHOLDERS

To assist potential market stall holders plan and organise their stall, we held two workshops "Tips for Stallholders" with Colleen Moutsos of Jurnii Jewellery. Colleen completed the Micro-business Course in 2012 and has created a successful business selling jewellery at markets and festivals around Sydney.

To inspire stallholders to think about the design of their stall and how to best market their products, we conducted two market tours on a Saturday and Sunday. Markets visited included, Kirribilli, Marrickville, Ramsgate and North Sydney.



Finally we ran the Food Safety Supervisors Certificate and Safe Food Handling Courses to assist people interested in selling food at the markets.

Held at the beautiful Jubilee Reserve on the first Saturday of the month from 10am – 4pm, come and enjoy the friendly atmosphere, wander through the stalls, eat delicious food and experience Lakemba.

We look forward to seeing you there!

## COMMUNITY HARMONY DAY

**Funded by Multicultural NSW - Multicultural Grants Programme**

What better place to celebrate Community Harmony Day, then at the launch of Lakemba Community Markets. Celebrating the area's diversity, the markets provided a vibrant community gathering place for people to meet and socialise with others in a relaxed and friendly atmosphere.

There were over 30 stalls reflecting the cultural diversity of Canterbury, living up to the market byline "Shop Around the World at Lakemba". In addition to the stalls there was great entertainment provided by Myabe African Drumming. Bringing along over 20 drums, young and old got



involved, belting out some African drum beats.

People were also treated to the great traditional dances of local dance group Afro Kidz.

There were also free activities for kids on the day, including the Kidzoo Animal Farm and Jumping Castle. These proved very popular throughout the day, with children having the opportunity to feed and pet local farm animals, the two little lambs were a particular hit. Throughout the day it was estimated

that over 1500 people attended, well beyond our expectations of 500 for our first Harmony Day celebration in the park.

It was a great day that promoted cross cultural harmony by providing an environment where people could easily mingle, try some delicious new food or buy something exotic from overseas.

With the success of Community Harmony Day we look forward to celebrating other special days/events at the markets.



# LAKEMBA COMMUNITY GARDEN

Funded by the City of Canterbury  
NSW Government, Community  
Builders Programme



This year the Lakemba Community Garden celebrated its 5th birthday – auspiced by the Centre and initially funded by Canterbury City Council the Garden provides a space for 29 Plots where residents can grow fruit and vegetables and contribute toward sustainable living in Sydney.

Located in Jubilee Reserve on the corner of Railway Pde and Bellevue Ave Lakemba the Garden is now sharing the space on the first Saturday of each month with the Lakemba Community Market. This lovely park has seen increased usage and is certainly a new focal point in the Lakemba community.



Canterbury City Community Centre leases the Garden from Canterbury City Council and works with the gardeners to maintain and nurture the garden. Membership of the Lakemba Community Garden is open to residents within walking distance, and who do not have access to their own garden, and provides an opportunity to grow fruit, vegetables and herbs in the company of other residents. The Garden is a space where local residents can get some exercise, learn some skills and meet others in their neighbourhood. Residents who do not want to hold a Plot can apply to become a 'Frog' (Friend or relative) of the Garden and attend training, working bees and social events.

Unfortunately during the year the Garden has again experienced problems with unwanted criminal and anti social activity. We are grateful for the support of Canterbury City Council Community Safety and Environmental Services staff and Campsie LAC who have met with us on a number of occasions to discuss possible solutions to the ongoing problems experienced. More frequent police patrols, addressing littering and removing 'furniture' when it arrives, as well as removing the fixed table and chairs have all made a difference. It has been a persistent issue for gardeners and Centre staff and has

unfortunately resulted in a number of plots falling vacant during the year. The loss of housing (and associated natural surveillance) along the eastern boundary has contributed to the difficulties and created many challenges - we are hopeful much of this will be resolved once the new housing is eventually constructed.

## PLOT HOLDERS

Our Plot Holders come from many different language and cultural groups, are of different age groups, men and women, experienced and beginner gardeners. It is wonderful to see extended families and the broader community also enjoying the garden.

Although an activity of the Centre, the Lakemba Community Garden is supported by the Gardeners through a small Steering Committee which has met on a regular basis throughout the year. We thank members Sylvia, Jeannette, Sundari, Uma, Mary and Annette for their support and attendance at these meetings.

## WORKING BEES

Working Bees have been held on the third Saturday of each month with Gardeners maintaining and developing the shared/communal spaces of the garden. Working Bees are when the entire garden becomes the focus and not just individual

plots. It is also a social time where Plot Holders can meet each other and discover each other's plants, share seeds and produce. During the working bees the gardeners have mulched many of the shared paths, cleaned and tidied the garden shed, pruned plants in common areas, weeded and harvested the herb spiral, and looked after the compost bins.

We were fortunate to receive a donation of a bird bath during the year and this is providing a great deal of pleasure to residents, gardeners and local birds alike!

This year members of the Steering Committee have overseen the working bees and have taken responsibility for collecting the Working Bee Tool Kit and returning it to the Cottage after each Working Bee.

Canterbury City Council City Works have undertaken structural repairs to a number of the Plots at the Garden – this has required some co ordination between Council, gardeners and Centre staff but resulted in a number of the Plots being able to better retain soil and moisture as a result.

## COMMUNITY EDUCATION AND TRAINING

The Lakemba Community Garden provides a space for training and community activities and over the past year the following workshops have been organised;

- Community Arts and Community Gardens
- Vege Growing 101
- Natural Pest Management
- Gardening in Small Spaces
- Low Maintenance Gardening (Seniors Week)

We have also organized three field trips – two to visit Mt Annan Botanical Gardens and another to visit three other community gardens in Sydney. Thanks to all the Trainers with special appreciation



to Canterbury City Council for organizing some of the workshops in partnership with the Centre.

During the year the Steering Committee started a mini Newsletter for distribution to all Plot Holders and FROGS – thanks to Sundari for her work on this.

## LAKEMBA ENVIRONMENT DAY AND COMMUNITY GARDEN OPEN DAY

In September the Garden hosted an Open Day which also celebrated all things to do with sustainable living. Unfortunately it poured with rain

and many of our planned activities were washed out. It was however a bonus to meet the fantastic EcoPella Environmental Choir who sang in the rain under the cover of our Marquee – and later when the clouds lifted we were able to enjoy a sausage sizzle and pavement art in the Garden.

## THANK YOU

Thank you to our fantastic Lakemba Community Gardeners for their enthusiasm and commitment and to all the Garden supporters, especially the City of Canterbury and our Garden Care team, who have helped with training, advice and time.



# STARS (SKILLS, TRAINING AND RESOURCE SERVICE)

Supported by funding from the Australian & NSW Governments under the Home & Community Care (HACC) Programme & the Councils of Canterbury City, Marrickville & Leichhardt.



STARS is a training, recruitment and referral service for volunteers, and covers the three local government areas of Canterbury, Leichhardt and Marrickville. We are funded by the Australian Government Department of Social Services and the NSW Department of Family and Community Services under the Home and Community Care (HACC) Programme. We also receive assistance from Canterbury, Leichhardt and Marrickville councils.

## STARS STAFF

STARS staff comprises Deb Helmrich (Training Officer); Donna Brunton (Recruitment & Training Officer); and Gillian Whalley-Okafor (Coordinator).



## TRAINING

STARS continue to deliver relevant, affordable, high quality training that is responsive to the needs of the sector, including volunteers, board members and staff. Our training calendar is developed six monthly and is informed by our annual training needs analysis, feedback from training, focus groups and informal feedback from staff and volunteers.

STARS have two qualified trainers on its team who hold the Certificate 4 in Workplace Training & Assessment. Additional to their role developing and delivering STARS training, both Deb and Donna liaise with service

providers to assess the training needs of their workforce to develop and / or deliver training best suited to their needs.

We also use the expertise of a wide range of professionals and consultants to deliver more specialised training. This year our training calendar was supported by: STARTTS, Jill Lipman (Insight Training & Consultancy); Glen Sorenson (Age Communications); Medilife; Rob Watson (Bridge the Gap Training & Assessment); Alzheimer's Australia; Vicky Coumbe (ACON); Morgan Carpenter (Oii Australia); Liz Ceissman (The Gender Centre); Anne Tunks (Dementia Adviser, SLHD); Jane Massa (Coordinator, Older Persons Suicide & Depression Prevention, SLHD); Mary Johnson (Multicultural Health SLHD); Mary Brasile (Mental Health Promotion Officer SSWAHS); The Older Women's Network Theatre Group; Wei Jiang (Health Promotion Officer, SLHD); Meg Bennett (Talis Training); Maria Katrivesis (Human Services Consultant/trainer); The Intellectual Disability Rights Service; Vicky King (Future Builders); Anglicare; Liz Morgan (Justice Connect); Mary Blankevoort (Metro Training); Aged Care Learning Solutions; Debbie Jamieson (D.Jamieson Consulting).

STARS training supports the sector and assists in building its capacity to

meet the needs of clients, as well as service standards required by funding bodies.

This year STARS has delivered 75 training sessions, including the following topics:

- Grief & Loss
- Accidental Counsellor – Responding to Trauma Related Responses
- Communication Skills for Communicating with People with Disabilities.
- Step into Volunteering
- Safe Food Handling
- Tools for Supporting Volunteers with an Intellectual Disability
- Safe Home Visiting
- Understanding Dementia
- Dementia – Communication & Behaviours of Concern
- Working within Boundaries
- Manual Handling
- Duty of Care & Dignity of Risk
- Looking After our Mental Wellbeing
- Older Women’s Network (OWN) Wellbeing Performance
- Mental Health First Aid
- Safe Food Handling in Mandarin
- Respectful Communication
- Working with Trans, Gender Diverse, Intersex, Lesbian, Gay or Bisexual Colleagues
- LGBTI & Disability
- Person Centred Approach
- Home Care & Disability Standards
- Legal Issues & Volunteering
- Pruning – How & When for Gardening Service Volunteers
- LGBTI Training for the Aged Care Sector
- Listening & Responding to Service User Needs
- Core Values & Boundaries

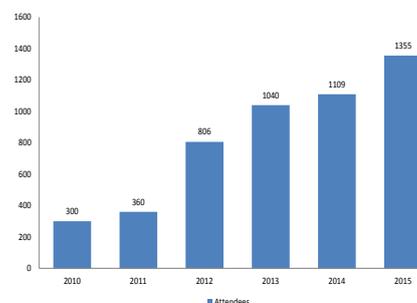


- Customer Service Skills
- Difficult Conversations
- Volunteer Essentials for Community Care Volunteers
- Person Centred Approach for Social Support Volunteers
- Confidence Building & Assertiveness
- Good Governance & Management During Uncertain Times
- Apply First Aid
- Mindfulness
- The Grass roots of Successful Volunteer Management
- Legal Issues in Home Visiting
- Food Safety Supervisor (SITXFSA201)
- Dementia Education for Volunteers
- Cultural Competence in Working with People from Refugee Backgrounds
- Stress Management & Relaxation
- Person Centred Approaches – Ensuring Cultural Responsiveness

During this period and for the first time STARS also promoted 5 online courses for volunteers through a trial pilot programme with Aged Care Learning Solutions.

During this period, STARS delivered training to a total of 1355 volunteers, board members staff and students. This is an increase of 288 on our numbers for 2013/14 and a continuation of our steady increase in attendance from 2010. This is particularly commendable given the uncertainty under which the service has been operating for the last twelve months.

#### COURSE ATTENDANCE BY FINANCIAL YEAR



#### ACCREDITED TRAINING

During this period STARS partnered with the Office of Communities, the School of Volunteer Management, RTO for The Centre for Volunteering and Tri Community Exchange to offer units from the Nationally accredited Certificate 4 in Volunteer Programme Coordination CHC421712.

The units were delivered at both Campsie and Blacktown locations for a total of 60 students. STARS and Tri Community Exchange co-facilitated the delivery of 3 units:

- Recruit and Coordinate Volunteers (CHCORG525D)
- Promote Team Effectiveness (BSBWOR402A)
- Deal with Conflict (PSPGOV411A)

STARS also partnered with other RTOs to deliver accredited training in the following:

- Apply First Aid (HLTAID003) with Medilife
- Food Safety Supervisor (SITXFSA201) with Metro Training

**‘MUSLIM CARE’S EXPERIENCE IN WORKING WITH THE STARS TEAM HAS BEEN EXCEPTIONAL. ONE OF THE BEST TRAINING FACILITATORS THAT WE HAVE EVER HAD THE PLEASURE OF BEING INVOLVED WITH. THE RANGE OF TRAINING AND WORKSHOPS WERE EXACTLY WHAT OUR ORGANISATION AND STAFF NEEDED, THEIR FACILITATORS WERE EXTREMELY WELL PREPARED AND PROFESSIONAL.’**



### PARTNERS IN DEPRESSION

In late 2014 we partnered with NSW Health Sydney Local Health District to run a 6 week course – ‘Partners in Depression’. This targeted older people living with and / or loving someone experiencing depression. The course was to help them understand depression and be better able to support them. 8 local residents & volunteers attended the sessions.

### LGBTI COMMITMENT

STARS continue to assist services to support clients from the LGBTI community by the inclusion of training workshops on the calendar. Training delivered in this period: LGBTI & Disability; LGBTI Training for the Aged Care Sector (X2); and Working with Trans, Gender Diverse, Intersex, Lesbian, Gay or Bisexual Colleagues.

Thanks to ACON, Oii and The Gender Centre for their valuable and ongoing input.

### SUPPORT FOR PATHWAYS TO INCLUSION - SOUTH ASIAN WOMEN PROJECT

STARS delivered 2 onsite training workshops – Respectful Communication and Core Values & Boundaries in December 2014 to support the Pathways to Inclusion project.

### WORKSHOPS FOR WOMEN IN LAKEMBA

STARS facilitated a series of workshops in Self Confidence and Assertiveness for local women in Lakemba through partnership with 4cs community development programmes.

### BOARD TRAINING

A special thank you to Vicky King for facilitating Good Governance & Management during Uncertain Times as a voluntary contribution to support the Home and Community Care sector, and to Aged Care Learning Solutions for their support in providing the trial online training for volunteers.

### COMMITMENT TO CALD COMMUNITIES

STARS continues its commitment to working with people from culturally and linguistically diverse communities, through delivering training in community languages and other relevant training.

During this reporting period we delivered:

- Person Centred Approaches for Ensuring Cultural Diversity
- Cultural Competence in Working with People from Refugee Backgrounds
- Safe Food Handling (Mandarin)

## VOLUNTEER RECRUITMENT & REFERRAL

STARS provides both a recruitment and referral service across the local government areas of Canterbury, Leichhardt and Marrickville. The Volunteer Recruitment Officer works with local service providers and local residents to match up specific volunteering opportunities with those residents, according to their interests, skills and availability.

This involves having a broad knowledge and understanding of services in our target area, as well as an understanding of the issues that may affect an individual's suitability to particular roles. This screening and matching process is crucial in increasing the chances for a successful outcome.

This has been a very productive year for volunteering with an increase of over 100 volunteers being recruited and referred through the STARS service from the last reporting period. This period over 344 referrals were made to a variety of volunteering positions including social support, opportunity shops, gardening services and administration.

The Volunteer Outreach Information Service at Marrickville Library (1st Wednesday of each month) has been particularly successful. Local residents have the opportunity to access information about volunteering, including being matched with an organisation.

The great news is that our Volunteer Recruitment Officer has successfully negotiated an Outreach service to operate from Leichhardt Library during the next reporting period.

During this period 5 Volunteering Essentials workshops were delivered and 2 Step into Volunteering sessions – covering the basics of: what is volunteering; volunteer rights & responsibilities; work health & safety; home & community care sector; and volunteering opportunities.

## PROMOTIONAL ACTIVITIES

STARS continually promotes the concept of volunteering across the community, by publicising its services and encouraging volunteer participation.

In 2014 / 15 STARS engaged in the following promotional activities

- Haldon St Festival
- Bankstown TAFE Presentation
- Navatas Employment Expo, Campsie
- Southern Sydney Volunteer Expo
- Facebook Page – STARS Facebook page likes reached 100!

The Facebook page is used to celebrate local volunteering and to promote volunteer events and opportunities

## LOCAL COUNCILS

STARS is supported by Canterbury City, Leichhardt and Marrickville councils. Canterbury & Leichhardt Councils continue to support our Recruitment & Referral service.

We are also in negotiation to establish a regular monthly Outreach service at Leichhardt Library and are liaising with Council about delivering some training to their staff in volunteer management.

Marrickville Council continues to support our Marrickville Volunteer

Outreach service at Marrickville Library. Thanks to Sue Pace (Adult & Seniors Librarian) for helping to facilitate this.

**‘STARS IS AN EXPERTLY RUN ORGANISATION THAT PROVIDES WORKERS AND VOLUNTEERS WITH HIGH CALIBRE TRAINING.’**

We greatly appreciate the support that local Councils provide and the opportunity to work with them in a variety of areas.

## NETWORKS & PARTNERSHIPS

STARS actively participates in a number of networks, working cooperatively with other agencies to facilitate enhanced service delivery, including:

- Canterbury / Marrickville HACC Forum
- Inner West 5 HACC Forum



- NSW Volunteer Coordinators Network
- NSW Community Care Training Services Network
- Marrickville Multicultural Disability Forum
- Marrickville Aged Services Interagency
- Canterbury Service Providers Support Network
- HACC VRC Meeting – The Future of HACC VRCs (Centre for Volunteering)
- Volunteer Managers Breakfast for National Volunteer Day (Keystone Community Solutions – now 3Bridges Community)
- NSW Office of Communities (Timebanking)
- Newtown Neighbourhood Centre (Timebanking)
- NSW Centre for Volunteering (Volunteer of the Year Awards)
- Southern Sydney Volunteer Expo

- Canterbury City Council (Mental Health Month)
- NSW Health, Sydney Local Health District (Partners in Depression) also MHFA, Looking after our Mental Wellbeing??
- Inner West Disability Forum

## SOUTHERN SYDNEY CONNECTION

STARS continues to work in partnership with our “sister services” Volunteer Link and Volunteer & Training Service (VAST) under the umbrella Southern Sydney Connection.

Together we cover the Canterbury, Inner West (Leichhardt & Marrickville), Bankstown, Eastern Suburbs, City of Sydney, St George and Sutherland areas of Sydney – for volunteer recruitment & referral, and volunteer & staff training.

To mark International Day of Volunteer Managers in November 2014 we held a Forum on Legal Issues in Volunteering. This was held

in the Meals on Wheels Association headquarters and attended by 65 service providers across Sydney.

Liz Morgan from Justice Connect delivered a thought-provoking presentation on the legal considerations when managing a volunteer programme.

The network also launched a joint campaign to offer a range of training opportunities for staff and volunteers in regional areas. This has resulted in negotiations with Volunteering Wingecarribee (in the Southern Highlands).

## CONFERENCES

STARS staff attended the following Conference as part of their commitment to professional development and keeping current on developments in the sector:

- Ignite Volunteering Conference

## VOLUNTEER COORDINATORS FORUMS

STARS supports service providers in the development and delivery of their volunteer programs by hosting Volunteer Coordinators Forums to provide information and training to volunteer managers and coordinators. During this period Forum topics were:

- Tools for Supporting Volunteers with Intellectual Disability
- Legal Issues in Volunteering
- The Grass roots of Successful Volunteer Recruitment
- Legal Issues in Home Visiting

## SPECIAL EVENTS

### MENTAL HEALTH MONTH 2014

As part of Canterbury Connects STARS organised a Mental Health First Aid workshop attended by 20 people including carers, volunteers and staff.

STARS also organised a Looking After Our Mental Wellbeing workshop in Lakemba, facilitated by Jane Massa,

## PHILLIP'S STORY

*I started volunteering at 4cs this year, a new experience for me, and I have enjoyed it enormously. I have driven the community bus, taking people to the Friday knitting club or on day trips to the botanical gardens. I have also been on the Wednesday team for Garden Care, pruning and weeding and mulching for people who can no longer do this for themselves. I started off thinking I would be giving something back to my community – but I have received so much in return. The company and conversation of not only the clients, but also the staff and my fellow volunteers, has been a delight, sharing recipes and personal life stories, discussing politics and religion, and laughing at our terrible jokes. I have been given valuable training and guidance in how to be a better volunteer, and have learnt to*



*appreciate the extraordinarily wide cultural diversity of our community. It's been very satisfying to help others to keep living at home and maintain social connections, to forge unexpected friendships – and to get hot and sweaty and happily tired from pushing 29 wheelbarrow-loads of mulch! See you all again soon.*

Mary Johnson (SLHD) and Mary Brasile (SSWAHS) for 20 members of the community.

This was followed by a performance by the Older Women's Network Theatre Group on 'Wellbeing' which was attended by approximately 50 members of the community.

#### NSW VOLUNTEER OF THE YEAR AWARDS 2014

STARS co-hosted the Awards for the Inner West region with Volunteer Network.

The Awards recognise and reward the wonderful contribution that volunteers make and are organised by the Centre for Volunteering. Gemma Rygate, Centre for Volunteering NSW CEO presented the Awards to winners and all nominees. Our very own Garden Care team was nominated in the Team Category, and Robert Randall, who volunteers with Garden Care and Shed Mates was nominated in the Individual Category. The event was jam packed and made extra enjoyable with a musical interlude and great catering.

#### INTERNATIONAL DAY OF VOLUNTEER MANAGERS 2014

This was honoured by co-hosting an event in the city with our Southern Sydney Connection partners. Liz Morgan from Justice Connect presented on Legal Issues in Volunteering.

#### VOLUNTEERING: A COMMUNITY CONVERSATION IN NSW 2015

In April through to May STARS joined more than 500 people, to take part in the discussion across 18 locations throughout NSW. A further 115 participated in an online survey. The discussion was convened by the Centre for Volunteering and local volunteering and community organisations and facilitated by NSW Volunteering (Dept of Education & Communities). Participants were invited to discuss the aspirations and experiences of volunteers and the things that might be improved to encourage volunteering.



Finally there was a reflection on the 1996 Definition of Volunteering and people were asked to discuss whether change was required to the definition to better reflect the needs of people & communities in the 21st century. <http://www.volunteering.com.au>

#### NATIONAL VOLUNTEER WEEK 2015

To celebrate National Volunteers Week 2015, STARS took 80 local volunteers to the movies to see the new release Cinderella.

Everyone enjoyed a complementary Choc Top, lucky door prizes and getting to meet volunteers from other services.

We also launched a short YouTube clip produced by STARS, on the big screen. This captured the reason people volunteer across a broad range of ages and cultures.

Thanks to Jenny Harding (volunteer film maker) and Michelle Flynn (volunteer editor) and to all the volunteers who starred in the production.

We all had lots of fun making the film! Volunteering – The Bigger Picture can be found on the STARS Facebook page.

Thanks to Beverly Hills Cinema; The Comedy Store; Morris lemma Indoor Sports Centre YMCA NSW;

Canterbury City Council; Canterbury Ice Skating Rink and Canterbury Hurlstone Park RSL for their kind donations.

#### NATIONAL REFUGEE WEEK 2015

STARS received funding from Canterbury City Council through its Refugee Week Grants to provide training in Cultural Competence in Working with People from Refugee Backgrounds for local service providers.

Acknowledged experts in this field, STARTTS delivered the training. Participants celebrated National Refugee Week together over a lunch of Lebanese cuisine.

#### THANK YOU

Despite the uncertainty over STARS funding this year, the team powered on and continued to deliver professional and effective support services to volunteers and volunteer services in its target area.

The outstanding results are a credit to the team and my thanks to Deb and Donna for their expertise, creativity and commitment which facilitated this outcome.

Thanks also to Liz and all the 4cs staff your support throughout the year.

**Gillian Whalley-Okafor**  
EO/ADSS and STARS Coordinator

# SHED PROJECTS

Supported by funding from Campsie RSL Club through the Canterbury Club Grants Programme



In 2014/15 the Canterbury Men's Shed was supported by funding from Campsie RSL Club through the Canterbury Club Grants Programme.

We have also been fortunate to receive a donation of \$1000 from Campsie Rotary Club and of course the ongoing support of Canterbury City Council in providing our premises rent free. The past 12 months has seen the Canterbury Men's Shed complete another busy and fun filled year.

## MEMBERS

In 2014/15, Men's Shed membership remained steady with 35 members



with 90% of members living in Canterbury Local Government Area.

The purpose of the Canterbury Men's Shed is to provide a community service that is appropriate to the needs and interests of older men in the community.

The Canterbury Men's Shed is one of the only male specific spaces for men in the Canterbury area and allows men to make new friends, share their skills and discuss common problems, while highlighting the valuable contribution men make to their community.

The social aspect of the Shed is important to its continuing success



and this was on show in December at our end of year lunch at Campsie South Bowling Club. Over 30 members with some partners and family came along to enjoy a meal together away from the sawdust and bustle of the Shed. It was a great opportunity to kick back and celebrate a successful year before we returned in early January to start the New Year.

The success of the Men's Shed is due to the members themselves, who make it enjoyable and a rewarding place for everyone.

Sadly one of our founding members, Neville Hing, passed away on 16th February. He was 94 years old. The past year he was unable to come to the Shed as much as he would have liked, but when he did he was his usual happy and good-humoured self and very popular among the other members. Neville really did epitomise what the Shed is about.

## COMMUNITY SUPPORT

The men undertook a number of projects throughout the year, to assist and support other community organisations in the area, such as making:

- Little Free Library - designed as an old red phone booth and where residents can recycle books - for Canterbury City Council. This was unveiled by

## CANTERBURY BIKE SHED

Supported by Canterbury City Council

2015 marks almost half a decade of the presence of the Canterbury Bike Shed in the community. We take this opportunity to thank Canterbury City Council, Cyclist Action Movement WEST (Camwest), the Benevolent Society's Wheel Works, Metro Assist Inc and many other organisations for including the Canterbury Bike Shed in their programs and activities. We look forward to their continued cooperation and support in the near future.

The Canterbury Bike Shed aims primarily to fulfil some environmental needs, namely in reducing land-fill and curb side dumping. Secondly, the Shed meets its objective of community capacity building through skill sharing of its members in repairing and restoring discarded bicycles. Thirdly, the Bike Shed promotes cycling as an alternative means of transport, reducing our carbon footprint on the environment and in creating awareness in providing a healthier lifestyle choice. Fourthly, the Bike Shed is fundamentally a social group. Members make the effort to come together for a good time, sharing their experiences and updating fellow members on technical skills and global current affairs. Bike Shed Members come from diverse



backgrounds and have expertise in a wide variety of fields. We thank all our members for their unselfish contribution with a positive outcome of placing numerous bicycles into the hands of people who may otherwise be deprived of the enjoyment that comes with riding and maintaining a bicycle that is your own.

Plans are underway for a refurbished shed to also include a repair cafe alongside the Bike Shed and with volumes of donated bikes ever increasing we could do with a few more helping hands. If you like to spend some time for a worthwhile cause or would like to upgrade your mechanical skills, why not pay us a visit and sign up a membership form. Membership to the Bike Shed

is open to both male and female local residents aged 18 and over and to those under 18 with adult supervision. The Bike Shed meets every 1st and 3rd Saturday of the month at the rear of the Canterbury Men's Shed, 109 Clissold Parade, Campsie.

We would like to thank our dependable partner the Canterbury City Council for providing the funding for a successful project, Jordan Moy, Nell Graham and the team of council workers for their enthusiasm and support of the project and the Canterbury Men's Shed for their generosity in sharing their space and resources with the Bike Shed.

**Jegan Nadeson**  
Shed Projects Community Worker





Canterbury Mayor Brian Robson in April at Hurlstone Park train station and has been very popular

- 5 bat boxes for Canterbury City Council - for some of the species of bats, in particular 'micro bats', which inhabit the area
- 6 native bee boxes for Ashbury Community Gardens – used to undertake native bee keeping workshops and distribute to other Canterbury LGA residents

to build up a network of native bees to help with biodiversity in the area

- 8 reading/writing stands for school children with visual impairments for NSW Department of Education
- 4 outdoor potting benches for Canterbury Public School
- 2 ramps for Leichhardt Women's Community Health Centre
- Pigeon holes for the office at

the Cottage (Canterbury City Community Centre).

The Little Free Library is a concept that became popular in America around 2009. In a nut shell, the Little Free Library "movement" offers books, housed in small containers, to members of their local community, acting as a free book exchange.

As of January 2014, there were over 15,000 Little Free Libraries worldwide.

As mentioned above, the first one to come to Canterbury LGA was built by the Men's Shed, with Canterbury Council's library service stocking it with old books and a library courier ensuring it remains stocked with donated books.

So far the initiative has been very successful, with Council asking us to build another one to go near Belmore train station. However, this one will be a little more exotic! It will be based on Dr Who's TARDIS (basically one of those old blue police telephone boxes) that can travel through time and will hopefully come with a light...which we're still working on!!

Hopefully the colour will help satisfy all those Bulldogs supporters, (we will be adding a splash of white)



so that we keep with Belmore's dominate colour theme.

So who knows, there maybe one coming your way next year!

## EXPERIENCE CROYDON PARK FESTIVAL

On 11th October 2014, we had a stall at the Experience Croydon Park! Festival, which also featured live music, pampering tours, food stalls and interactive workshops and demonstrations.

We used the opportunity to recruit new members and promote the Shed and our end of year Toy and Craft Sale. It was a great day with the Shed stall busy all day.

We could have sold all the display items we had, but we were saving them for the End of Year Sale.

Also in October, we hosted an Open Day and BBQ as part of the Canterbury Cares Mental Health and Wellbeing Campaign. This allowed us to promote how community based programs, such as the Canterbury Men's Shed, can assist with addressing issues of stress and mental health and raise awareness of where people and families can gain support if needed.

And also in October, we started



opening on Mondays, which has gone really well.

Good to see the Shed being used on another day. Thursdays and Sundays are the only regular days that we don't have activities on at the Shed now.

## TOY AND CRAFT SALE

The Men's Shed finished 2014 in fine style. The annual Toy and Craft Sale on 29th November 2014 raised almost \$3500, which was a new record and further evidence of all the

great work the guys do.

We had people lining up at the door before we opened and numbers were pretty steady throughout the whole day. There were some items left over, but we were still selling bits and pieces before we closed on 19th December 2014.

Again, everyone worked hard to make it a successful day, with the 'barbie' out the back and kids adoring all the toys, there was a very relaxed and friendly atmosphere throughout the place.

## STEERING COMMITTEE

Throughout its operation the Canterbury Men's Shed has been supported by a small Committee of Members who provide advice and problem solving around some of the issues that arise at the Shed.

Special mention and thanks needs to go to the 2014/15 Steering Committee members Ted Tkac, Francis Carver, Jacques Chaperon, Dick Graham, Jim Rhodes and Kevin Camper for accepting a greater role and their support and commitment to functioning of the Men's Shed.

**Glenn Harding**

**Shed Projects Community Development Worker**



# CENTRE BASED DAY CARE PROGRAMME

Funded by the Australian Government Department of Social Services and NSW Family and Community Services (Ageing, Disability and Home Care) under the Home and Community Care Programme



The Centre Based Day Care Programme provides a weekly social activity for frail aged residents, and people with disabilities and their carers, in the Canterbury Local Government Area.

The aim of the programme is to support clients to live independently in their home and in the community.

We continue to operate three groups, with 10 new clients joining this year. We currently have 34 active clients with 2 on the wait list.

Some potential clients were referred elsewhere during the year

to allow them to access a service immediately.

Our referrals come from a variety of sources including hospitals, GPs, other HACC services and word of mouth. The three groups we operate allow choice for our clients, according to their needs and interests.

## 4CS FRIENDSHIP GROUP

This group meets each Thursday at the Centre, travelling either on the mini bus or independently.

The group participates in a variety of activities including bingo, singalongs,

sharing jokes and stories and gentle exercise. Each month there is a special guest speaker providing information of interest to the group. The group enjoys morning tea – thanks to volunteer baker extraordinaire Sylvia, as well as a nutritious lunch with dessert.

Once a month, the group leaves the Centre to enjoy an outing to a variety of destinations.

The 4cs Friendship Group enjoys celebrating “special days” together. This keeps members connected to their communities, as well as providing a focal point for memories and just having a bit of fun.

This year the group celebrated Father’s Day; Mother’s Day; Melbourne Cup with a hat parade and a sweep; Australia and ANZAC Days with stories, songs and poems; Valentine’s Day with music and dancing; Easter with a hat parade and an egg hunt; Senior Citizens Week; as well as our big end of year celebration with presents and a traditional singsong.

## 4CS SOCIAL AND ACTIVITIES GROUP

This group continues to grow in numbers, and is for those who enjoy other activities such as arts and crafts. There are now 18 active members in this group.



Members have participated in a variety of activities including card and envelope making; sewing & knitting; drawing & painting; hand painting shopping bags; oil painting on canvas; 3D art; making photo frames; flower arranging and much more.

A highlight of the year was the Art Exhibition, held in collaboration with the Campsie Drop In Centre. The exhibition was attended by over 80 guests, including family, friends and VIPs. Proceeds from the very successful sales went back to both the groups to purchase more art materials.



## SHED MATES

Shed Mates is supervised by Jegan Nadeson and a group of dedicated volunteers. The programme is supported by the Canterbury Men's Shed who develop projects for the members to work on. The group meet at the Shed, having a BBQ once a month or head out to the High Flyers Hotel.

The Shed Mates have worked on a variety of projects and activities including: Christmas & Easter Projects; woodwork & painting projects; card & Board games; walking along the Cooks River Walking & Cycle Track; pub lunches at the Oasis and an outing to Lake Gillawarna.

Shed Mates often attend with their partners and/or carers who join in the fun.

## OUTINGS

Very popular features of the CBDC Programs are the outings. Once a month the 4cs Friendship group heads out in the bus to explore further afield and once a month on Tuesday all of the groups combine for a big day out!

The combined outings allow all the group members to interact and get to know each other and expand their friendship circle.

**'I LOVE GOING ON THE OUTINGS... IT'S LIKE AN ADVENTURE EXPLORING NEW PLACES AND PEOPLE.'**





**‘I ENJOY THE CRAFT GROUP SO MUCH... I NEVER KNEW I COULD DO A PAINTING AND HAVE IT DISPLAYED IN AN ART EXHIBITION.’**

Luckily we now have access to a larger bus, as well as the Centre’s own 12-seater, so no-one misses out.

Outings destinations this reporting period have included the Maroubra Seals Club; Jasmin Lebanese Restaurant; Grandview Bowling & Recreation Club; Rashays on Broadway for lunch and shopping; seafood lunch at La Prouse; and a movies day.

### INFORMATION

A vital aspect of all the CBDC programmes is providing relevant

and interesting information – both written and spoken - to the members.

This may be information relevant to their health (Being Sun Smart; Australian Hearing onsite hearing tests; a speaker on Osteoporosis; info on Eating Well Over 60); relevant to their independence at home (a speaker on the Opal Card; a speaker from a local Community Transport service; information on Home Modification Services); or just for fun and enjoyment (poem called “What is a friend?”; funny quotes on getting older).

### VOLUNTEERS

The success of the CBDC Programmes is largely due to the wonderful work and amazing dedication of our wonderful volunteers.

Volunteers set up the room, assist in preparing and serving the morning tea and lunch, pack away and clean up, call the bingo, drive and assist on the buses, help in the office, participate in the Service Support Sub Committee, and most importantly of all, spend time with the clients by chatting, sharing a joke and asking about their day.

This year again, many thanks to Layla Lavorato, Almaz Matar, Elaine Lawler, Giselle Le Bon, Seta Sissaguian, Sylvia





Kefalianos, Anne Badjakian, Marie Papi, Abul Azad, Robert Randal, Eddie Quelch, Denis King, Lorraine Parker, Peter Parker, Anna Fizzell, Filomena Soares-Lee, Saiful Islam, Anecita Weintz, Lydia Rafana and Nadia Bakhateeb.

We have also been joined this year by Charles Moothoo, Bruno Gentile,

Shahla Rani and Lambrini Tzovaras.

Our volunteers never stop wanting to learn and are willing participants in many workshops throughout the year, including those provided by our STARS Programme. This year volunteers have completed courses in: Manual Handling; Volunteer Essentials; Understanding Dementia;

Mental Health First Aid; Mindfulness; and more.

## TRANSPORT

An important part of the Programme is our ability to offer transport to and from the group, and of course on our outings. Thanks to Sydney Mini Bus hire for their reliability in providing us with buses and drivers as required, including drivers Mick, Tony and Gary who are always helpful and courteous.

We are also lucky to have our volunteer drivers Peter and Charles for when we have that extra bus.

## THANK YOU

The group continues to grow in numbers and to provide an enjoyable social occasion for those who attend. Thanks to Centre staff, volunteers and a special thank you to those participants who attend each week and share their friendship and stories with us.

**Rosanna Hasan**  
Centre Based Day Care Coordinator

## INTERVIEW WITH INGA

*Inga has been coming along to the Centre's 4cs Friendship group as well as the Social & Activities Group – where she assists others in the group with their arts and crafts projects.*

*Inga had retired from a dynamic career and had just moved into a "granny flat" in the garden of her friends. She was very happy with her new living arrangements but after a while became rather bored as she had gone from a busy career to having nothing to do.*

*While attending the Haldon St Festival she met up with a woman who attends the 4cs Friendship group who encouraged her to come along – she did, and the rest is history! "I came along and it was beautiful! It was an eye-opener for me – everyone accepted me and it was fun."*

*It was shortly afterwards that Coordinator Rosanna suggested she might also like to join the 4cs Social & Activities Group where they do art and craftwork. 'I started to paint. I had*



*some experience at drawing when I was working in the clothing industry, doing designs and patterns, but painting was something new.' Seeing that Inga was a "natural," others in the group sought her assistance and advice on their own projects and soon Inga was spending her time helping others.*

*'Because I had the ability to help out I felt like I could contribute something – this is something I can do. I am not limited by my mobility (Inga walks with the aid of a stick). So suddenly my life*

*is full again and I have something to look forward to. In between groups I find myself at the local library, doing research in the craft section! This has given so much meaning to my life." Inga has recently joined "Technical Seniors' to learn about computers and technology.*

*Inga migrated from Austria in 1958, travelling over on a 'bride boat' with 1000 other women, to meet up with her fiancée. Over the next 50 plus years she forged a successful career in the Knitwear industry, eventually ending up as owner of Vita Fashion, specialising in exclusive, high- end garments. When not perusing the craft section of the library, Inga enjoys movies (she recently saw Mad Max and Inside Out) and reading.*

*When I asked Inga if involvement in the groups had a positive effect on her health she replied with an emphatic 'Yes! I feel my life is well balanced, happy and fulfilled. My body is 80, but my mind is 40!'*

# INNER WEST SOCIAL CONNECTIONS

Supported by funding from the Australian Government Department of Social Services through the Community Visitors Scheme and Home and Community Care Programme



Inner West Social Connections (IWSC) provides social contact and friendly companionship to older people in the community who are or at risk of becoming socially isolated.

It is a service that provides a friendly volunteer to visit someone in the comfort of their own home or take them out into the community one on one or as part of a group.

IWSC is funded to deliver 2 services – Social Support and Community Visitors Scheme in the 7 Local Government areas of Sydney’s Inner West – Ashfield, Burwood, Canterbury, Canada Bay, Leichhardt, Marrickville and Strathfield.



Both programs began in July last year and the first 6 months was establishing policies, procedures, promotional and marketing material, writing handbooks and establishing networks in the community and ensuring that the programs were on a solid base in which to go forth to recruit volunteers and clients.

## COMMUNITY VISITORS SCHEME

Community Visitors Scheme (CVS) is an Australian government initiative funded by the Department of Social Services which aims to help establish and strengthen links between people living in an aged care facility or on a

Home Care Package (Levels 1-4) and their local community.

Canterbury City Community Centre is an auspice for CVS under the expansion funding to provide one on one visits in the homes of clients receiving a Home Care Package as well as visiting a group (2 or more people) of residents in an Residential Aged Care Facility. We are funded to provide 25 volunteers to visit Home Care Package recipients and 5 volunteers to do group visits in Nursing Homes.

IWSC has been developing relationships with various Home Care package providers and Residential Facilities throughout the Inner West Sydney and trying to establish home visits and group visits with clients and residents. As the expansion programme is brand new, it has been our duty to communicate and educate organisations and residential facilities about the programme. The process has been slow on the up take, but inroads are being made. We have currently had group visits in 2 nursing homes.

In the discussions with various Residential Facilities a recurring request was made for male specific groups as a lot of the men in the facilities are isolated. This demand has created an opportunity for us to meet this need. One project being researched and planned is to offer

Residential Facilities a ‘mobile men’s shed’ that targets small groups of male residents to get together once a week or fortnight to do traditionally male activities that are suitable to their individual abilities, such as sanding bits of wood, putting toys together, doing puzzles etc. We have had discussions with the Canterbury Mens Shed and one of the volunteers has built a puzzle box and another has built some jigsaws and are working on other ‘blokey’ projects for IWSC to use as part of this initiative.

## SOCIAL SUPPORT

Social Support programme is our most popular programme for IWSC with over 50 clients and 20 clients on the waiting list. Social Support is funded by the Home and Community Care Programme (HACC) that assists clients to socially connect. We receive referrals from Sydney Local Health District, self-referrals, Centre Based Day Care, Garden Care, counselling services and other HACC providers.

It is a continually developing service in that we are learning about and are responsive to the leisure needs and requests of our clients. We have envisaged a wide diversity of patterns of usage for the service.

## SERVICE DELIVERY

The Social Support Service is delivered by trained volunteers who are linked up with clients after an initial client assessment has been conducted and a plan of care developed by the Social Support Coordinator.

The goal is to link clients with volunteers and also other clients whom have similar interests. For example:

- **One-on-One visits in the clients home:** Doing an activity that the client would like to do, or the volunteer would like to teach them i.e - knitting, reading, going for a short walk, sitting out in the garden, sit and chatting, watching a DVD, reminiscing over old photos, using the



computer, playing music etc.

- **One-on-One Visits in the Community:** The volunteer and client can either leave the clients home together, or meet out at an agreed venue. Visit shops, coffee shop, art gallery, exhibition, RSL Club etc.
- **Group Activities:** IWSC may organize a small group of like-minded clients to meet up at regular intervals at the Cottage or at another venue, or Volunteers and their clients can join in on another group activity that is organized by another organization.
- **Group Outings:** IWSC will be organizing regular outings for clients to visit venues, activities or events in the community.

Throughout the developing stages of starting IWSC it was found that a majority of the prospective clients visited and assessed are wanting to get out and meet new people and go on outings and do not want to have a volunteer visit them in their own home. Hence several group outings and activities have been started to fulfil these clients’ requests.

## INNER WEST SOCIAL CONNECTIONS GROUPS

With some of the funding received for the Social Support programme,

Canterbury City Community Centre purchased a 12 seater bus with the intention to run small groups and outings. Inner West Social Connections has 2 regular bus outings each month as well as a Knitting and Crochet group that meets each week. The group outings involve going out to a venue or activity and then having lunch.

The groups are only small and intimate and accompanied by the Social Support Coordinator and several volunteers. Friendships are encouraged and fostered.

## EVERGREEN GARDEN LOVERS

As Canterbury City Community Centre has a very successful Garden Care service and Community Garden, it seemed like a good idea to optimise on this ‘gardening’ popularity and offer a garden lovers based outing group with the theme of visiting the various gardens, parks and outdoor spaces around Sydney. This group is called ‘Evergreen Garden Lovers’.

Evergreen goes out on the last Monday of each month and it began in January 2015. It is a small group of up to 9 regular clients whom have formed friendships and enjoyed all of the outings that we have already been on.

Our inaugural outing was to Eden



## A LETTER FROM A CLIENT'S SON

*'As she is not on the internet my mother, [name withheld], asked me to communicate in writing to you her immense appreciation for the service provided by the Community Centre. I am only too happy to do so as I know what a huge difference it has made to her life. I am reminded of it every time I speak to her and she excitedly tells me of the latest outing, event or adventure. Neither my brother nor I live in Sydney so we are also deeply appreciative of the care and support you provide.*

*Aside from the measurable differences it has made for her – simply getting out and about and participating in all manner of things that would not otherwise be possible for her – I know she is especially grateful and buoyed by the care and attentiveness you and the volunteers show for her and others. For example, it makes all the difference to her to hear the friendly voice of someone she knows on the other end of the phone when she rings you up rather than an answering machine.*

*Not so long ago, and understandably at age 91, she was wondering whether*

*she could stay in her own home, although she knew that the trauma of moving would be almost too much for her to bear. With your support, and the life-changing friendship of Meredyth, that has all changed. Her confidence and enthusiasm has been restored in spades. Again, this is not simply on account of the practical support (important as that is), but also the quality of care, genuine interest and friendship you have shown – not things that can be reduced to some metric. It is no exaggeration to say it has been utterly transformational for her and she (and we) are so grateful to Meredyth, yourself, the other volunteers and the service as a whole.'*

*IWSC works alongside our clients, assisting them to identify their own needs, and meet these needs with assistance, encouragement and support. For clients like this, who have lost confidence and connection to the outside world, the support of such services can have a positive impact on their wellbeing and increase their independence.*

Gardens centre and was taken on a tour of the various themed gardens and then had lunch at the nearby golf club. Other venues visited were The Australian Botanical Gardens at Mt Annan, Auburn Botanical Gardens and Vaucluse House.

## INNER WEST SOCIAL CONNECTIONS

Inner West Social Connections is an outing group that goes out the 1st Wednesday of the month to various places around Sydney to venues and events. Our first outing was to Birkenhead Point Shopping centre November 2014 to look for bargains and Christmas shopping.

Since then, IWSC has taken our clients to the Seniors Week Gala Concert, Royal Easter Show, Looking after our mental wellbeing workshop and concert, to the movies at Hayden Orpheum Picture Theatre.

A male specific outing group is also being planned for the future.

## KNITTING WITH HEART

It was decided in January 2015 that the Lakemba Neighbourhood Centre wouldn't be running the knitting

group due to the lack of funding and rather than lose an activity that the local residents enjoyed, the Social Support service decided to take over running of the group. The knitting group 'Knitting with Heart' is a group of people coming together socially to knit, crochet, enjoy morning tea and chat every Friday at the Cottage.

It is open to everyone who enjoys the craft, it is not age specific, but we transport those aged 65 and over on our bus. There are 10 regular clients and several others that come and go. The group started off as being a fortnightly group, but there was a demand from the clients to make it weekly. Every Friday the Cottage comes alive with chatter, laughter and the click of knitting needles.

The group has knitted and crocheted beanies, scarves, toys and blankets to be donated to charity. In total we donated 40 beanies, 10 scarves and 2 blankets, half to Mission Australia and the other half to The Exodus Foundation. The Exodus Foundation kindly wrote a letter of thanks from Rev. Bill Crews.

**'YOUR GIFT HELPS US MAKE A REAL DIFFERENCE TO SO MANY DISADVANTAGED PEOPLE IN OUR COMMUNITY. WITHOUT YOUR GENEROSITY WE SIMPLY COULDN'T BE HERE DAY AFTER DAY PROVIDING SUPPORT TO THOSE LESS FORTUNATE THAN OURSELVES.'**



Knitting with Heart is always grateful receivers of wool, yarn, knitting needles and crochet hooks and donations can be dropped off at Canterbury City Community Centre.

### VOLUNTEERS

Without the Community Visitor volunteers, volunteer bus drivers and residential visitor volunteers, Inner West Social Connections could not operate.

Canterbury City Community Centre, Inner West Social Connections and our clients and residents are so appreciative of the enthusiasm,

personality, caring, fun, support, smiles and laughter that our volunteers bring to all our lives.

IWSC volunteers make an invaluable contribution to the quality of people's lives by breaking down social isolation and loneliness. The time our volunteers spend with our clients can prevent anxiety, loneliness and make improvements to our client's wellbeing, life satisfaction and ability to maintain independence. Our volunteers cannot be thanked enough.

**Leanne Kelleher**  
Social Support Coordinator



# GARDEN CARE

Funded by the Australian Government Department of Social Services, and the NSW Department of Family and Community Services (Ageing, Disability and Home Care) under the Home and Community Care Programme



The Garden Care programme assists frail aged people, people with disabilities and their carers to remain living in their own homes by providing a garden care and / or lawn mowing service. The service is for people living in the Canterbury, Marrickville and Leichhardt local government areas.

## THE SERVICE

Garden Care has two main services; Easy Care Gardening and Lawn Mowing. The Easy Care Gardening services assists residents to remain at home through transforming the

gardens into low care, safe and easy to maintain.

The Lawn Mowing service is provided 15 times a year - twice a month in summer, once a month in autumn and spring, and once every six weeks in winter.

New Easy Care Garden clients can receive up to three visits when they first receive the service, and then the service is provided on an annual basis to maintain the work already undertaken. The Easy Care Gardening service is provided by Garden Care Support Workers and a team of Garden Care volunteers.

The Lawn Mowing Service is mainly provided by contractors. Both Easy Care Gardening and Lawn Mowing services are subsidised.

With a much-needed increase in funding to the programme, 125 new clients were assessed and received the service during the reporting period. Throughout the year 298 clients received Easy Care Gardening and 380 clients received the Lawn Mowing service, some of these clients receive both services. A total of 21,727 gardening hours have been undertaken during the year.

## THE WELLNESS APPROACH

The Wellness Approach is the underpinning philosophy of the Garden Care Service. This means that staff work with the client right from the assessment stage and develop a care plan that will support the client and work with their abilities and goals.

Many Garden Care clients have a long-standing connection to their gardens and have been active, passionate gardeners. Once the garden becomes too much for them, this connection can be broken and the garden becomes a source of anxiety.

Transformation of the garden to Easy Care can restore that connection and



the garden not only again becomes a source of pleasure but the client is now able to participate in gardening activities – which has both an emotional and a physical benefit.

Clients are also encouraged to actively participate on the day/s of the service by gardening alongside the team, providing and/or simply sharing morning tea with staff and volunteers and enjoying the social engagement.

## MORE THAN JUST A GARDENING SERVICE

The Garden Care programme is so much more than just a gardening service. It is often the first point of entry into HACC services. It plays an important role in provision of information, monitoring clients and can assist in accessing further services as client needs change.

Garden Care also ensures that it is the client who drives what needs to be done in their gardens and this is done during the garden assessment.

Clients can identify areas of particular significance in their gardens and personal preferences for what work is to be carried out. For example, a couple were distressed over the state of their fish pond. The Garden Care team transformed the pond area and it again became a source of pride and pleasure for the couple.

The appearance of a garden can also become a source of stress and anxiety, as well as posing a risk to the client. Transformation of the gardens often has a substantial impact on the client's health and wellbeing. Having the Garden Care team over also provides an opportunity for a social occasion for the client, to chat to the volunteers and staff, reminisce about the garden and to share morning tea. The Garden Care team considers this as valuable a part of the service as the weeding, mulching, edging and trimming that is carried out.

## OUR VOLUNTEERS

The Garden Care service relies on our dedicated team of volunteers who



bring their energy, skills, conversation and humour to the garden. This makes it an enjoyable day for all, especially the clients. During this period 63 people volunteered with Garden Care and generously gave 3,732 hours to the Garden Care programme.

In 2014 Garden Care surveyed volunteers and found out what the volunteers liked most about Garden Care. Over 80% of responses to the survey indicated that they liked learning about gardening, the social aspect of gardening and helping older people in the community as it makes them feel good.

We continued our partnership with the Australian Foundation for Disability (AFFORD) and have had 3 volunteers and a support worker contribute in the Easy Care Gardening service during the year. Special mention must go to Jane Cook and Robert Randall who help two mornings a week in preparing the utes for the gardens. Jane also became qualified in using poisons to help manage the weeds in the gardens. Volunteer Maria Prendergast also took on extra responsibility by acting as volunteer team leader on Mondays allowing Garden Care staff to leave the garden and do assessments for new clients.

Special recognition and a big thank you also to Dot McLeay and Erica

**‘OUR CLIENTS ALWAYS HAVE INTERESTING STORIES TO SHARE... I GET TO SEE A VARIETY OF GARDENS AND LEARN A LOT OF NEW SKILLS.’**

Saville who received Life Membership to Canterbury City Community Centre for their 10 year volunteer service to Garden Care. Their long term commitment and dedication to the programme is what makes it such a wonderful programme to be involved in.

Big thanks to Donna Brunton (STARS Recruitment Officer) who has been fabulous in referring excellent new volunteers to the programme.

As well as being appreciative every day, we reward our volunteers with special events throughout the year, including the STARS Volunteer Week Thank You event, the annual

# ‘THEIR WORK WILL MAKE IT EASY FOR ME TO KEEP THE YARDS TIDY FOR MANY MONTHS TO COME... MY GARDEN IS NOW A PLEASURE, NOT A CONCERN.’

4cs End of Year Party and this year, volunteer lunches at the cottage. At the lunches each volunteer receives a personalised card and a plant to thank them for their contribution throughout the year.

## CONTRACTORS

Three new Lawn Mowing contractors commenced during this year bringing the total number of Contractors to 13.

Our lawn mowing contractors have current police checks and appropriate insurances, and we regularly check in with clients to ensure they are happy with the service. The contractors

understand the needs of the client group and the necessity to liaise with staff members if there are concerns about a particular client.

All Contractors are provided with a Handbook which clearly explains our expectations and we appreciate the care and concern shown to our vulnerable clients by this hard working group.

## GARDEN CARE STAFF

With the extra funding, we have also been able to recruit much-needed new staff and extended working hours of existing staff.

At the end of June 2015 the current team includes Garden Care Coordinator Juliet Burton; Garden Care Support Workers Debbie Dunn, Duncan Hilder, Nicole James, Yul Scarf, Su Tozer and Megan Van Kaathoven; and HACC Administration Officer Yvonne O’Young.

I have now been in the role of Garden Care Coordinator for over a year and appreciate the support the team gave to me in settling into the job. We all love working in Garden Care and are proud of what we have achieved over the past year.

With many changes coming up within the Aged Care sector we plan to continue being client focussed and professional in providing a quality service.

## STAFF AND VOLUNTEER TRAINING

To ensure that both staff and volunteers keep learning new skills, and keep their existing ones up to date, the Garden Care team are given regular opportunities for professional learning and development.

Team members regularly attend workshops provided on the STARS Calendar; dedicated on-site Garden Care training, or other relevant opportunities. This year team members attended the following:

- First Aid Certificate (Accredited Training)
- Supporting Volunteers with an Intellectual Disability
- Safe Home Visiting
- Pruning – How and When
- Handling Difficult Conversations
- Mindfulness
- Volunteer Essentials
- Boundaries Training
- Accidental Counsellor
- Attainment in use of a Chainsaw (Accredited Training)
- Use of Chemical Poisoning in the Garden (Accredited Training)
- LGBTI Sensitivity Training

## OUTINGS

This year staff and volunteers combined education and pleasure with a trip to Mt Annan Botanical Gardens with the Lakemba Community gardeners.

It was a great opportunity to learn more about growing native plants and exchanging gardening tips.

## PROMOTIONS AND PRESENTATIONS

Garden Care promotes its services to the broader community, as well as recruiting for new volunteers. This year the team participated in the following promotional events:

- ECO Festival Day at Lakemba Community Garden





- Haldon St Festival
- Seniors Week – Easy Care Gardening Presentation
- Southern Sydney Volunteer Expo

## NETWORKS

Garden Care staff participate in the following community networks to keep up to date on sector issues and changes and to share information:

- Canterbury Marrickville HACC Forum
- Sydney HACC Gardeners Meeting
- Marrickville Aged Services

## MARIAN AND DAVID'S STORY

*Marian and David are GC clients. Marian has Parkinson's Disease and David had a stroke and is now in a wheelchair. Their once beautiful garden had become neglected, and at assessment Marian asked "Is it possible to do anything with this jungle?"*

*Garden Care Support Worker Megan's response? "Of course we can – that's what we do!" A plan was developed that involved three gardening days, a focus on landscaping and re-planting the fishpond area, Marian and David's involvement in the decisions and joining the team in the garden on gardening days.*

*Volunteers and staff set to work weeding, papering, mulching, pruning roses, cutting back the Crepe Myrtle and making edging with pavers that were already around the footpath. Salvaged plants were brought in from the Cottage and the pond area was landscaped and re-planted.*



*The results were fantastic. David said 'The volunteers were lovely to talk to', and Marian added 'Often David is not included in the conversation because he is in a wheelchair, but at morning tea everyone made an effort to talk with him.'*

*Marian and David say that they love looking out at the garden and it brings them much joy to see it looking beautiful.*

## FEEDBACK FROM CLIENTS

Garden Care welcomes feedback from its clients – whether it is concerns about the service, ideas to improve our service or compliments. Feedback makes our service better and more attuned to the needs of our clients.

We receive many cards, letters and emails from clients telling us how much they appreciate the service.

## ACKNOWLEDGEMENTS

Thank you to our funding bodies, FACS and DSS for their ongoing support. A special thanks and appreciation to the Canterbury City Council Depot and the Waste Services staff at the three Councils of Canterbury, Marrickville and Leichhardt.

They continue to provide an excellent service in collecting the green waste from our Garden Care clients' homes in a prompt manner.

**Juliet Burton**  
Garden Care Coordinator

# TREASURER'S REPORT



Uncertainty in our sector remained an underlying theme this year, with the ongoing transition to changed funding arrangements especially under the Commonwealth Home Support Programme. This has impacted planning, budgeting and decision making. Most notably in the employment of staff and in having the confidence to initiate new direction and commit to spending to support growth and innovation.

**'WE BELIEVE ONE OF OUR STRONGEST POINTS AS A SMALL/MEDIUM SIZED ORGANISATION RELATES TO THE ENORMOUS SOCIAL CAPITAL WE'RE ABLE TO GATHER AND BRING TO THE TABLE FOR THE BROADER COMMUNITY BENEFIT.'**

In part, the above circumstances have contributed to us generating a surplus from operations this year of

some \$63,000. For example, delays in employment of new staff (due to uncertainty) contributed to this surplus.

The flipside of our uncertain circumstances is that the Board and (Finance Sub-Committee) continues to strive to put us in the best possible position, to embrace the new funding environment and enhance our financial capacity as an independent body. In particular, this year has seen the successful launch of our local community market.

The Market is a great proving ground for our participation in the social enterprise space, providing both community benefits in jobs and connectedness as well as development opportunities for our own staff and internal capacity.

We have also responded to our circumstances by working through a range of scenarios for the future as well as continuing our improvement programme to internal systems. For example, this year we introduced the use of debit cards and more supplier accounts, greatly reducing our reliance on outmoded Petty Cash arrangements. Work also continues on broader/allied data management systems.

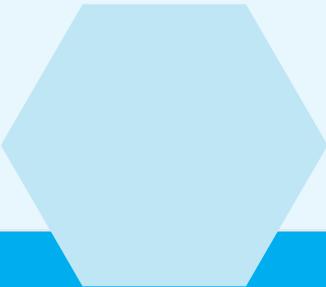
We believe one of our strongest points as a small/medium sized organisation relates to the enormous

social capital we're able to gather and bring to the table for the broader community benefit. For years, this has been a benefit to governments by reducing their costs in delivering community social support programs.

Social capital is embodied in the contributions of the many volunteers deployed in our programme delivery and also through the 'in kind' support of a number of local suppliers (e.g. printer, graphic designers, workshop facilitators and so on) as well as donations from local Clubs, businesses (Specsavers) and a number of individuals. Our governance Board also comprises a team of volunteers.

In effect, we are an integral part of our local community and economy! To this end, mooted shifts in government policy that tend to shift resources (funding) to only larger players has the potential to attack the very heart of locally driven, connected communities. Our challenge remains one of keeping our local community focus in an increasingly 'market driven' environment that could reduce supplier diversity and favour only bigger players. Regardless, I believe our forty plus year history as an organisation, stands us in good stead to face these challenges.

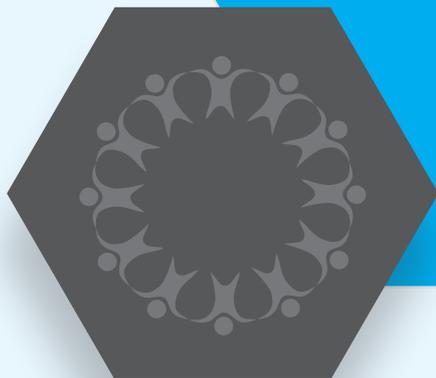
**Phil Schwenke**  
Treasurer



# FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2015

## Item

<b>Officers' Report</b>	<b>2</b>
<b>Income Statement</b>	<b>4</b>
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## OFFICERS' REPORT

The directors submit the financial report of the Canterbury City Community Centre Incorporated for the financial year ended 30 June 2015.

### BOARD MEMBERS

The names of the board members throughout the year and at the date of this report are:

Aka Rangiuira	Lisa Evans
Jubaida Hossain	Phillip Schwenke
Layla Lavorato	Neta Yallop
Meredyth Conn	Bashir Sawalha
Tonya Cook-Pedersen	

### MEETINGS OF BOARD MEMBERS

During the year, nine meetings of board members were held. Attendances by each board member during the year were as follows:

	Board Meetings	
	Number Eligible to Attend	Number Attended
Meredyth Conn	9	8
Tonya Cook-Pedersen	9	7
Lisa Evans	9	6
Jubaida Hossain	9	5
Layla Lavorato	2	0
Aka Rangiuira	9	4
Bashir Sawalha	9	3
Phillip Schwenke	9	7
Neta Yallop	9	9

### PRINCIPAL ACTIVITIES

The principal activities of the Centre during the financial year were to provide community services to people in the Canterbury and surrounding local government areas.

OFFICERS' REPORT (continued)

SIGNIFICANT CHANGES

No significant change in the nature of these activities occurred during the year.

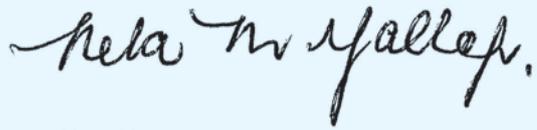
OPERATING RESULT

The profit for the year amounted to \$63,238 (2014: \$29,078 loss).

Signed for and on behalf of the Board and in accordance with a resolution in respect thereof.



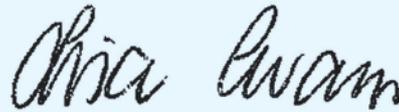
Meredyth Conn  
President



Neta Yallop  
Vice President



Phillip Schwenke  
Treasurer



Lisa Evans  
Secretary

Sydney, 28 September 2015

**INCOME STATEMENT  
FOR YEAR ENDED 30 JUNE 2015**

	Note	2015 \$	2014 \$
Revenue	2	1,594,289	1,204,714
Employee benefits expense		(981,091)	(829,987)
Depreciation and amortisation expenses		(38,400)	(39,552)
Capital expenditure		(13,250)	(2,273)
Other expenses		(498,310)	(361,980)
Profit/(loss) for the year		63,238	(29,078)
Retained Profits at the Beginning of the Financial Year		125,817	166,906
Transfers from Reserves		9,745	3,250
Transfers to Reserves		(10,518)	(15,261)
Retained Profits at the End of the Financial Year		188,282	125,817

**BALANCE SHEET  
AS AT 30 JUNE 2015**

	Note	2015 \$	2014 \$
<b>CURRENT ASSETS</b>			
Cash and Cash Equivalents	4	494,390	386,501
Trade and Other Receivables	5	<u>10,827</u>	<u>12,185</u>
<b>TOTAL CURRENT ASSETS</b>		<u>505,217</u>	<u>398,686</u>
<b>NON CURRENT ASSETS</b>			
Property, Plant and Equipment	6	<u>83,237</u>	<u>116,096</u>
<b>TOTAL NON CURRENT ASSETS</b>		<u>83,237</u>	<u>116,096</u>
<b>TOTAL ASSETS</b>		<u>588,454</u>	<u>514,782</u>
<b>CURRENT LIABILITIES</b>			
Trade and Other Payables	7	201,510	218,868
Short Term Provisions	8	<u>90,397</u>	<u>78,184</u>
<b>TOTAL CURRENT LIABILITIES</b>		<u>291,907</u>	<u>297,052</u>
<b>NON CURRENT LIABILITIES</b>			
Long Term Provisions	8	<u>52,981</u>	<u>37,403</u>
<b>TOTAL NON CURRENT LIABILITIES</b>		<u>52,981</u>	<u>37,403</u>
<b>TOTAL LIABILITIES</b>		<u>344,888</u>	<u>334,455</u>
<b>NET ASSETS</b>		<u>243,566</u>	<u>180,327</u>
<b>EQUITY</b>			
Reserves		55,284	54,510
Retained Earnings		<u>188,282</u>	<u>125,817</u>
<b>TOTAL EQUITY</b>		<u>243,566</u>	<u>180,327</u>

**STATEMENT OF CHANGES IN EQUITY  
FOR YEAR ENDED 30 JUNE 2015**

	Retained Earnings	Lakemba Community Market Reserve	Building Fund Reserve	Asset Replacement Reserve	Total
	\$	\$	\$		\$
Balance at 30 June 2013	166,906	42,500	-	-	209,406
Utilised in the year	3,250	(3,250)		-	-
Loss attributable to the Centre	(29,078)	-	-	-	(29,078)
Part reversal of the prior year adjustment to establish Reserve	(14,385)			14,385	-
Transfer to: Building Fund Reserve	-	(10,000)	10,000	-	-
Asset Replacement Reserve	(876)	-	-	876	-
Balance at 30 June 2014	125,817	29,250	10,000	15,261	180,327
Utilised in the year	9,745	(9,745)	-	-	-
Income attributable to the Centre	63,238	-	-	-	63,238
Asset Replacement Reserve	(10,518)	-	-	10,518	-
Balance at 30 June 2015	188,282	19,505	10,000	25,779	243,566

**CASH FLOW STATEMENT**  
**FOR YEAR ENDED 30 JUNE 2015**

	Note	2015 \$	2014 \$
<b>CASH FLOWS FROM OPERATING ACTIVITIES</b>			
Other Receipts		72,395	77,491
Operating Grants Receipts		1,417,808	1,212,341
Donations Received		23,232	35,215
Interest Received		11,726	7,465
Payments to Suppliers and Employees		<u>(1,411,732)</u>	<u>(1,166,274)</u>
Net Cash Provided by Operating Activities	9	<u>113,429</u>	<u>166,238</u>
<b>CASH FLOWS FROM INVESTING ACTIVITIES</b>			
Purchase of Property, Plant and Equipment		<u>(5,540)</u>	<u>(79,988)</u>
Net Cash Provided by (used in) Investing Activities		<u>(5,540)</u>	<u>(79,988)</u>
Net Increase/(Decrease) In Cash Held		107,889	86,250
Cash at the Beginning of the Financial Year		<u>386,501</u>	<u>300,251</u>
Cash at the End of the Financial Year		<u>494,390</u>	<u>386,501</u>

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2015

### 1 Summary of Significant Accounting Policies

#### Basis of Accounting

This financial statements are general purpose financial statements that have been prepared in accordance with Australian Accounting Standards (including Australian Accounting Interpretations) and the requirements of the Associations Incorporation Act 1984 (NSW)

The financial statements cover Canterbury City Community Centre Incorporated as an individual entity. Canterbury City Community Centre Incorporated is an Association incorporated in New South Wales under the Associations Incorporation Act 1984 (NSW).

The financial statements of Canterbury City Community Centre Incorporated as an individual entity, complies with all Australian equivalents to International Financial Reporting Standards (AIFRS) in their entirety.

The following is a summary of the material accounting policies adopted by the Association in the preparation of the financial report. The accounting policies have been consistently applied, unless otherwise stated.

#### Basis of Preparation

The financial report has been prepared on an accruals basis and is based on historical costs modified by the revaluation of selected non-current assets, financial assets and financial liabilities for which the fair value basis of accounting has been applied.

#### Income Tax

No provision is made for income tax as the Association is exempt from income tax.

#### Property, Plant and Equipment

Each class of property, plant and equipment is carried at cost of fair value less, where applicable, any accumulated depreciation and impairment losses.

#### Plant and equipment

Plant and equipment are measured on the cost basis less depreciation and impairment losses.

The carrying amount of plant and equipment is reviewed annually by the members of the Board to ensure it is not in excess of the recoverable amount from these assets. The recoverable amount is determined as the depreciated replacement cost of the asset.

Subsequent costs are included in the assets carrying amount or recognised as a separate asset as appropriate, only when it is probable that future economic benefits associated with the item will flow to the Association and the cost of the item can be measured reliably. All other repairs and maintenance are charged to the income statement during the financial period in which they are incurred.

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2015

### 1 Summary of Significant Accounting Policies

#### Depreciation

The depreciable amount of all fixed assets including building and capitalised lease assets, is depreciated on a straight line basis over their useful lives to the entity commencing from the time the asset is held ready for use. Leasehold improvements are depreciated over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

The depreciation rates used for each class of depreciable assets are:

Class of Fixed Asset	Depreciation Rate
Motor vehicle	23%
Office Equipment	10% - 40%

The assets residual values and useful lives are reviewed, and adjusted if appropriate, at each balance sheet date.

An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

Gains and losses on disposals are determined by comparing proceeds with the carrying amount. These gains and losses are included in the income statement.

#### Cash and Cash Equivalents

Cash and cash equivalents includes cash on hand, deposits held at-call with banks, other short-term highly liquid investments with original maturities of three months or less, and bank overdraft. Bank overdrafts are shown within borrowings in current liabilities on the balance sheet.

#### Revenue

Government and other grants are recognised when the Association obtains control or the right to receive the grant and it is probable that the economic benefits will flow to the entity and the amount of the grant can be measured reliably. The Association does not obtain control of a grant until it has provided the services and met the conditions that make it eligible to control it. Grants received in advance are deferred as a liability and not recognised until the Association has provided the services and met the conditions.

Donations are recognised and brought to account on a cash basis when received.

Revenue from the rendering of a service is recognised upon the delivery of the service to customers.

Interest revenue is recognised on a proportional basis taking into account the interest rates applicable to the financial assets.

All revenue is stated net of the amount of goods and services tax (GST).

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2015

### 1 Summary of Significant Accounting Policies

#### Financial Instruments

##### Recognition and Measurement

Financial instruments, incorporating financial assets and financial liabilities, are recognised when the Association becomes a party to the contractual provisions of the instrument. Financial instruments are initially measured at cost on the trade date, which includes transaction costs, when the related contractual rights or obligations exist. Subsequent to initial recognition these instruments are measured as set out below.

##### Loans and receivables

Loans and receivables are stated at amortised cost using the effective interest rate method.

##### Held to Maturity Investments

Held to maturity investments are non-derivative financial assets that have fixed maturities and fixed or determinable payments, and it is the Association's intention to hold these investments to maturity. They are subsequently measured at amortised cost using the effective interest rate method.

##### Financial liabilities

Non-derivative financial liabilities are recognised at amortised cost, comprising original debt less principal payments and amortisation.

#### Impairment

At each reporting date, the Association assesses whether there is objective evidence that a financial instrument has been impaired. Impairment losses are recognised in the income statement.

#### Impairment of Assets

At each reporting date, the Association reviews the carrying values of its tangible and intangible assets to determine whether there is any indication that those assets have been impaired. If such an indication exists, the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value-in-use, is compared to the asset's carrying value. Any excess of the asset's carrying value over its recoverable amount is expensed to the income statement.

Where it is not possible to estimate the recoverable amount of an individual asset, the Association estimates the recoverable amount of the cash-generating unit to which the asset belongs.

#### Employee Benefits

Provision is made for the Association's liability for employee benefits arising from services rendered by employees to balance date. Employee benefits that are expected to be settled within one year have been measured at the present value of the estimated future cash outflows to be made for those benefits.

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2015

### 1 Summary of Significant Accounting Policies

#### Goods and services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are shown as inclusive of GST.

Cash flows are presented in the cash flow statement on a gross basis, except for the GST component of investing and financing activities, which are disclosed as operating cash flows.

#### Comparative Figures

When required by Accounting Standards, comparative figures have been adjusted to conform to changes in presentation for the current financial year.

#### Critical Accounting Estimates and Judgements

The board members evaluate estimates and judgements incorporated into the financial report based on historical knowledge and best available current information. Estimates assume a reasonable expectation of future events and are based on current trends and economic data, obtained both externally and within the Association.

#### Key Estimates – Impairment

The Association assesses impairment at each reporting date by evaluating conditions specific to the group that may lead to impairment of assets. Where an impairment trigger exists, the recoverable amount of the asset is determined. Value-in-use calculations performed in assessing recoverable amounts incorporate a number of key estimates.

2 Revenue	2015	2014
	\$	\$
Operating Grants	1,417,808	1,089,632
Donations	23,232	35,216
Members Subscriptions	507	558
Participants Contributions	35,392	39,168
Training Fees	23,114	21,031
Other Income	12,174	5,454
Reimbursement of Program Costs	3,670	6,190
Interest Received	11,726	7,465
	<u>1,527,624</u>	<u>1,204,714</u>

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2015

	2015	2014
	\$	\$
<b>3 Auditor's Remuneration</b>		
Remuneration of the auditor for:		
- Auditing or reviewing the financial report	5,050	5,050
	<u>5,050</u>	<u>5,050</u>
<b>4 Cash and Cash Equivalents</b>		
Cash in Hand	700	700
Cash at Bank	493,690	385,801
	<u>494,390</u>	<u>386,501</u>
<b>5 Trade and Other Receivables</b>		
Receivables	3,886	1,423
Prepayments	6,941	10,762
	<u>10,827</u>	<u>12,185</u>
<b>6 Property, Plant and Equipment</b>		
Office Equipment, Furniture and Floor Coverings:		
At Cost	188,391	188,391
Accumulated Depreciation	(168,831)	(157,371)
	<u>19,560</u>	<u>31,020</u>
Computer Software	<u>16,620</u>	<u>11,080</u>
Motor Vehicle		
At Cost	120,542	120,542
Accumulated Depreciation	(73,485)	(46,546)
	<u>47,057</u>	<u>73,996</u>
Total Property, Plant and Equipment	<u>83,237</u>	<u>116,096</u>

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2015

### 6 Property, Plant and Equipment (cont)

#### Movements in Carrying Amounts

Movements in carrying amounts for each class of property, plant and equipment between the beginning and the end of the current financial year

2015	Office Equipment, Furniture and Floor Coverings	Computer Software	Motor Vehicle	Total
Balance at the Beginning of Year	31,020	11,080	73,996	116,696
Additions	-	5,540	-	5,540
Depreciation	(11,460)	-	(26,940)	(38,400)
Carrying Amount at the End of Year	<u>19,560</u>	<u>16,620</u>	<u>47,056</u>	<u>83,236</u>
2014	Office Equipment, Furniture and Floor Coverings	Computer Software	Motor Vehicle	Total
Balance at the Beginning of Year	31,115	-	44,545	75,660
Additions	22,162	11,080	46,746	79,988
Depreciation	(22,257)	-	(17,295)	(39,552)
Carrying Amount at the End of Year	<u>31,020</u>	<u>11,080</u>	<u>73,996</u>	<u>116,096</u>

2015	2014
\$	\$

### 7 Trade and Other Payables

Trade Payables and Sundry Accruals	113,318	75,485
Grant Received in Advance	87,536	142,727
Omnican/ Cota Under Trust	656	656
	<u>201,510</u>	<u>218,868</u>

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2015

	2015	2014
<b>8 Provisions</b>		
<b>CURRENT</b>		
Employee Entitlements	90,397	78,184
	<u>90,397</u>	<u>78,184</u>
<b>NON CURRENT</b>		
Employee Entitlements	52,981	37,403
	<u>52,981</u>	<u>37,403</u>
<b>9 Cash Flow Information</b>		
<b>Reconciliation of Cash Flow from Operations with Profit from Ordinary Activities after Income Tax</b>		
Profit/(loss) for the year	63,238	(29,078)
Cash Flows excluded from profit attributable to operating activities		
Non-cash flows in profit		
Depreciation	38,400	39,552
Changes in Assets and Liabilities, net of the effects of purchase and disposal of subsidiaries		
(Increase)/decrease in receivables/prepayments	1,358	26,652
Increase/(decrease) in trade and other payables	(17,358)	106,859
Increase/(decrease) in employee benefits	27,791	22,254
	<u>113,429</u>	<u>166,238</u>

## 10 Charitable Fundraising

Disclosures required under the provisions of the Charitable Fundraising Act 1991

During the financial year and the comparative year no fundraising appeals were conducted by the Association.

## 11 Financial Instruments

### (a) Financial Risk Management

The Association's financial instruments consist mainly of deposits with banks, accounts receivable and payable.

The main risks the Association is exposed to through its financial instruments are interest rate risk, liquidity risk and credit risk.

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2015

### 11 Financial Instruments (cont)

#### *Liquidity risk*

The Association manages liquidity risk by monitoring forecast cash flows.

#### *Credit Risk*

The maximum exposure to credit risk is the carrying amount, net of any provisions for impairment of those assets, as disclosed in the balance sheet and notes to the financial statement.

The Association does not have any material credit risk exposure to any single receivable or group of receivable under financial instruments entered into by the Association.

#### (b) Interest Rate Risk

The Association's exposure to interest rate risk, which is the risk that a financial instrument's value will fluctuate as a result of changes in market interest rates and the effective weighted average interest rates on those financial liabilities, is as follows:

	Weighted Average Effective Interest Rate	Floating Interest Rate	Non-Interest Bearing	Total
<b>2015</b>	<b>%</b>	<b>\$</b>	<b>\$</b>	<b>\$</b>
<b>Financial Assets:</b>				
Cash and Cash Equivalents	2.7%	493,690	-	493,690
Cash on Hand		-	700	700
Receivables		-	3,886	3,886
<b>Total Financial Assets</b>		<b>493,690</b>	<b>4,586</b>	<b>498,276</b>
<b>Financial Liabilities:</b>				
Payables			113,318	113,318
<b>Total Financial Liabilities</b>			<b>113,318</b>	<b>113,318</b>
<b>2014</b>				
<b>Financial Assets:</b>				
Cash and Cash Equivalents	2.2%	385,801	-	385,801
Cash on Hand		-	700	700
Receivables		-	1,423	1,423
<b>Total Financial Assets</b>		<b>385,801</b>	<b>2,123</b>	<b>387,924</b>
<b>Financial Liabilities:</b>				
Payables			75,485	75,485
<b>Total Financial Liabilities</b>			<b>75,485</b>	<b>75,485</b>

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2015

### 12 Commitments and Contingencies

#### Operating lease commitments

There are no non-cancellable operating leases contracted for but not capitalised in the financial statements.

#### Capital expenditure

At the end of the financial year the Centre is committed to \$5,540 in capital outlays in respect of the development of the client management system software.

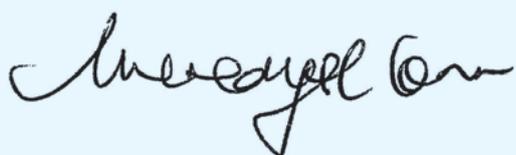
# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## OFFICERS' ASSERTION STATEMENT

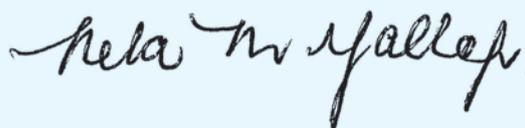
In the opinion of the Board the financial report as set out on pages 4 to 16:

1. Presents a true and fair view of the financial position of Canterbury City Community Centre Incorporated as at 30 June 2015 and its performance for the year ended on that date in accordance with Australian Accounting Standards (including Australian Accounting Interpretations) of the Australian Accounting Standards Board
2. At the date of this statement, there are reasonable grounds to believe that Canterbury City Community Centre Incorporated will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the board and is signed for and on behalf of the board by:



Meredyth Conn  
President



Neta Yallop  
Vice President



Phillip Schwenke  
Treasurer



Lisa Evans  
Secretary

Sydney, 28 September 2015

## CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

### INFORMATION AND DECLARATIONS TO BE FURNISHED UNDER THE CHARITABLE FUNDRAISING ACT, 1991

#### Declaration by the President in respect of fundraising appeals

I, Meredyth Conn, President of Canterbury City Community Centre Incorporated declare, that in my opinion:

- (a) the income statement gives a true and fair view of all income and expenditure of Canterbury City Community Centre Incorporated with respect to fundraising appeals; and
- (b) the balance sheet gives a true and fair view of the state of affairs with respect to fundraising appeals; and
- (c) the provision of the Charitable Fundraising Act 1991 and the regulations under that Act and the conditions attached to the authority have been complied with; and
- (d) the internal controls exercised by Canterbury City Community Centre Incorporated are appropriate and effective in accounting for all income received and applied by the Centre from any of its fundraising appeals.



Meredyth Conn  
President

Sydney, 28 September 2015

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## INDEPENDENT AUDIT REPORT

### Report on the Financial Report

We have audited the accompanying financial report of Canterbury City Community Centre Incorporated which comprises the balance sheet as at 30 June 2015, the income statement and cash flow statement for the year ended, notes comprising a summary of significant accounting policies and other explanatory information, and the statement by members of the management board.

The management board is responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards the Australian Charities and Not-for-profits Commission Act 2012 and the Associations Incorporation Act 1984 (NSW). This responsibility includes establishing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error, selecting and applying appropriate accounting policies and making accounting estimates that are reasonable in the circumstances.

### Auditors Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirement relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the management board, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

### Audit Opinion

In our opinion, the financial report of Canterbury City Community Centre Incorporated is in accordance with the Division 60 of the Australian Charities and Not-for-profits Commission Act 2012 and the Associations Incorporation Act 1984 (NSW) including:

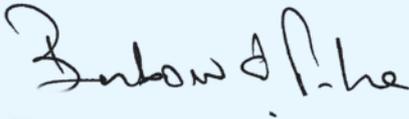
- i giving a true and fair view of the financial position of Canterbury City Community Centre Incorporated as at 30 June 2015 and of their performance and cash flows for the year then ended on that date, and
- ii complying with Australian Accounting Standards and the Associations Incorporation Act 1984 (NSW).

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## INDEPENDENT AUDIT REPORT (continued)

We also report that:

- (a) the financial statements show a true and fair view of the financial result of fundraising appeals conducted during the year and;
- (b) the accounting and associated records have been properly kept during the year in accordance with the Charitable Fundraising Act 1991 and the Regulations and;
- (c) money received as a result of fundraising appeals conducted during the year has been properly accounted for and applied in accordance with the Charitable Fundraising Act 1991 and the Regulations and;
- (d) at the date of this report, there are reasonable grounds to believe that the Centre will be able to pay its debts as and when they fall due.



**Benbow & Pike**  
Chartered Accountants  
Suite 401 Level 4  
54 Miller Street  
North Sydney NSW 2060



**G. J. Abrams**  
Partner

Sydney, 28 September 2015

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## COMPILATION REPORT TO CANTERBURY CITY COMMUNITY CENTRE

### Scope

On the basis of information provided by the directors of Canterbury City Community Centre, we have compiled in accordance with APES 315 'Compilation of Financial Information' the special purpose financial report of Canterbury City Community Centre for the period ended 30 June 2015 as set out on pages 22 and 23.

The specific purpose for which the special purpose financial report has been prepared is to provide confidential information to the directors and members. The extent to which Accounting Standards and other mandatory professional reporting requirements have or have not been adopted in the preparation of the special purpose financial report is set out in Note 1.

The directors are solely responsible for the information contained in the special purpose financial report and have determined that the accounting policies used are consistent and are appropriate to satisfy the requirements of the directors and for the purpose that the financial report was prepared.

Our procedures use accounting expertise to collect, classify and summarise the financial information, which the directors provided, in compiling the financial report. Our procedures do not include verification or validation procedures. No audit or review has been performed and accordingly no assurance is expressed.

To the extent permitted by law, we do not accept liability for any loss or damage which any person, other than the company, may suffer arising from any negligence on our part. No person should rely on the special purpose financial report without having an audit or review conducted.

The special purpose financial report was prepared for the benefit of the company and its member and the purpose identified above. We do not accept responsibility to any other person for the contents of the special purpose financial report.



**Benbow & Pike**  
Chartered Accountants  
Suite 401, 54 Miller Street  
North Sydney NSW 2060



**G. J. Abrams**  
Partner  
28 September 2015

## CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

### INCOME AND EXPENDITURE STATEMENT FOR THE YEAR ENDED 30 JUNE 2015

	2015	2014
	\$	\$
<b>INCOME</b>		
Donations Received	23,232	35,216
Grants Received	1,352,982	1,072,474
Grants Received – Non Recurring Capital	26,963	2,230
Grants Brought Forward	-	14,928
Interest Received	11,726	7,465
Membership Subscriptions	507	558
Participants Contributions	35,392	39,168
Photocopying Fee	115	73
Training Fees	23,114	21,031
Other Income	53,593	11,571
	1,527,624	1,204,714
 <b>EXPENDITURE</b>		
Allowance – Volunteers	17,462	11,535
Amenities	2,362	2,702
Advertising	183	3,198
Audit Fees	5,050	5,000
Bad Debt	25	-
Bank Charges	1,285	1,082
Bus Hire	27,892	13,113
Capital Expenditure	13,250	2,273
Cleaning	2,957	2,713
Consultant Fees	38,130	38,545
Contractor – Lawn Mowing	107,157	86,618
Depreciation	11,460	22,257
Electricity	9,200	9,963
Festival Expense	585	9
Food Relief	3,219	3,415
Furniture & Equipment <\$1000	10,090	2,101
Garden Care – Tools, Program costs & Amenities	11,446	9,913
Insurance & Workers' Compensation	28,007	29,630

# CANTERBURY CITY COMMUNITY CENTRE INCORPORATED

## INCOME AND EXPENDITURE STATEMENT FOR THE YEAR ENDED 30 JUNE 2015

### EXPENDITURE (cont)

Miscellaneous Expenses	1,231	523
Motor Vehicle	42,979	25,262
Printing, Postage and Stationery	25,079	19,426
Program Costs	53,744	59,211
Provision for Annual Leave	12,214	28,040
Provision for Long Service Leave	15,577	9,612
Registration and Licences	5,782	280
Repairs and Maintenance	14,855	6,241
Resource Material	1,572	484
Software / IT	20,191	19,218
Security Costs	1,210	1,922
Staff Training and Amenities	8,265	4,415
Subscriptions Paid	5,510	4,285
Superannuation	82,945	68,137
Telephone and Internet	10,096	11,343
Travel	3,019	1,787
Wages and Salaries	870,355	724,450
Grants in advance	-	5,089
	<u>1,465,386</u>	<u>1,233,792</u>
Profit/(Loss) from Ordinary Activities for the year	63,238	(29,078)
Retained Profits at the Beginning of the Financial Year	125,817	166,906
Transfers from Reserves	9,745	3,250
Transfers to Reserves	<u>(10,518)</u>	<u>(15,261)</u>
Retained Profits at the End of the Financial Year	<u><u>188,282</u></u>	<u><u>125,817</u></u>







## **Canterbury City Community Centre**

130 Railway Parade Lakemba  
PO Box 66 Lakemba 2195

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