



## How can we help?

At Canterbury City Community Centre we are committed to helping you live independently in your own home for as long as you are able. We do this through providing entry level services under the Commonwealth Home Support Program (including Garden Care and Social Inclusion and Wellness Services) and providing support for people with more complex needs through the Home Care Packages Program.

### How do I access Services?

To access any Canterbury City Community Centre Aged Care Service you will need to be referred to us by My Aged Care. My Aged Care can be contacted on 1800 200 422. There is also a website for further information [www.myagedcare.gov.au](http://www.myagedcare.gov.au).



Canterbury City Community Centre is a community based not for profit Organisation which has delivered inclusive and reliable services in the Canterbury-Bankstown and Inner West Local Government Areas since 1972.

We are a trusted provider of Aged Care services under the Commonwealth Home Support Program, Community Visitors Scheme and Home Care Packages Program.

Call **9750 9344** to  
enquire about a service

To learn more about our Organisation, and other services we offer, visit [www.4cs.org.au](http://www.4cs.org.au)

## AGED CARE SERVICES

Helping  
you stay  
at home



Canterbury City Community Centre Aged Care Services are supported through funding received by the Australian Government, Department of Health under the Commonwealth Home Support Program, Community Visitors Scheme and the Home Care Packages Program.



Canterbury City  
Community Centre

Community Building Community

## Garden Care

Our Garden Care Service employs qualified horticultural staff and volunteers to help maintain gardens, making them safe as well as enjoyable to use.

We do this in the following ways:

- **Easy Care Garden Conversion** which will make the garden easier to manage over time.
- **Garden Support Service** assisting with smaller one off jobs that you need done.
- **Lawn Mowing** which includes up to 15 mows per year, including edges.

We will work with you to plan for your garden as well as maintain those special plants and places.



In your Community...

## Social Inclusion

Staying connected to friends and your community is important to keeping well.

We offer a range of large and small groups as well as individual visits to assist you enjoy each day. We try to match you with others that share the same interests and provide door to door transport to make participating easier.

Our Volunteers can also call in for a visit and a chat in your home, and also visit residents in Aged Care facilities under the Community Visitors Scheme.

Individual support is available to accompany you when shopping or running errands. We can also maintain contact over the phone if getting out has become difficult.



How you want to live...

## Home Care Packages

Home Care Packages offer a coordinated and flexible suite of services for those with higher care needs. Services offered can change as your needs change.

Services available include:

- **Transport**
- **Domestic Assistance**
- **Allied Health Services**
- **Respite**
- **Personal Care \***
- **Social Support**
- **Gardening and Home Maintenance**
- **Home Modifications**

In most cases we can transfer existing services received under the CHSP.

*\*Personal Care is also available under the CHSP*



With the right care...

