# PALESTINIAN & LEBANESE MUSLIM SENIORS WELLBEING & CONNECTION PROGRAM

## Stronger Communities... Better Wellbeing



**Community Leaders Consultation:** Wellbeing and Connection Program

Bringing community voices together to share experiences and ideas about how we can build stronger, healthier and more resilient communities

**When:**
Tuesday 1st December 2026
10:00 am to 12:30 pm

**Where:**
Canterbury City Community Centre
130 Railway Parade, Lakemba NSW 2195

**Cost:** Free - Lunch, tea and coffee will be provided. A prayer room will also be available

**Bookings essential:** Please call **Andalib** on **0481 265 975** or **andalib.abdallah@4cs.org.au**

**Funded by:** Program funded by Central and Eastern Sydney PHN

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For more **information** call **Andalib 4cs** on **0481 265 975**

Canterbury City Community Centre
Community Building Community